Individual Best Times (All Time)

Kate Panter - (1133294) - Carmarthen

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|------------------|---------|-----------------|--------------|----------|---------------------------------------|------------|----------|-------|
| 50 Freestyle | 46.64 | 47.10 | 118 | 27/06/15 | Carmarthen Club Championships | Carmarthen | WL151343 | 3 |
| 100 Freestyle | 2:04.98 | 2:05.70 | 64 | 28/06/14 | Carmarthen SC Club Championships 2014 | Carmarthen | WAL579 | 4 |
| 50 Breaststroke | 1:14.29 | 1:14.70 | 55 | 27/06/15 | Carmarthen Club Championships | Carmarthen | WL151343 | 3 |
| 100 Breaststroke | 2:54.43 | 2:55.20 | 45 | 13/04/14 | West Wales Region NT Gala 2014 | Carmarthen | WAL558 | 4 |
| 50 Butterfly | 1:03.32 | 1:03.60 | 57 | 27/06/15 | Carmarthen Club Championships | Carmarthen | WL151343 | 3 |
| 50 Backstroke | 58.40 | 58.70 | 80 | 27/06/15 | Carmarthen Club Championships | Carmarthen | WL151343 | 3 |
| 100 Backstroke | 2:05.36 | 2:06.00 | 83 | 27/06/15 | Carmarthen Club Championships | Carmarthen | WL151343 | 3 |

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