

Individual Best Times (All Time)

Laura Wright - (1133109) - Sevenoaks SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.47	28.80	514	13/05/18	BPSC Spring Long Course Event 2018	Basildon	ER180360	1
100 Freestyle	1:03.91	1:02.60	529	28/01/18	Kent Swimming Championships 2018	Crystal Palace	SE180333	1
200 Freestyle	2:25.03	2:22.60	471	22/07/17	BPSC End of Season Meet 2017	Basildon	ER170185	3
400 Freestyle	5:16.83	5:12.40	410	21/07/19	BPSC End Of Season Meet 2019	Basildon	ER190187	3
50 Breaststroke	44.16	43.40	287	20/03/16	Atlantis Regional-National Chaser Meet	Crawley	SE160056	1
50 Butterfly	31.50	30.90	466	20/07/19	BPSC End Of Season Meet 2019	Basildon	ER190187	3
100 Butterfly	1:16.80	1:15.80	376	01/04/18	BPSC Easter Meet 2018	Basildon	ER180211	1
50 Backstroke	35.20	34.60	444	01/02/20	2020 Kent ASA Swimming Championships	Crystal Palace	SE200207	1
100 Backstroke	1:24.62	1:23.70	310	25/07/15	Swim Wales Summer Open Meet	Swansea	WL150507	1
200 Individual Medley	3:02.76	3:00.60	328	26/07/15	Swim Wales Summer Open Meet	Swansea	WL150507	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.90	29.60	499	14/03/20	BPSC Spring Regional Qualifier 2020	Basildon	ER200476	3
100 Freestyle	1:02.19	1:03.50	527	12/10/19	NASL South League Round One	Horsham	SE192937	3
200 Freestyle	2:20.41	2:22.90	484	24/11/19	Maidstone 175th Anniversary Celebration Meet	Maidstone	SE192403	3
400 Freestyle	4:57.53	5:02.20	469	11/03/18	BPSC Spring Regional Qualifier 2018	Basildon	ER180212	3
800 Freestyle	10:52.81	11:01.60	391	13/11/16	Sevenoaks Club Championships	Sevenoaks	SE162014	4
50 Breaststroke	40.19	41.00	351	17/12/17	BPSC Last Chance County Qualifier	Basildon	ER172322	3
100 Breaststroke	1:29.20	1:30.60	341	25/11/17	Sevenoaks Club Championships 2017	Sevenoaks	SE171911	4
200 Breaststroke	3:18.16	3:20.80	313	29/09/17	Sevenoaks Club Championships 2017	Sevenoaks	SE171905	4
50 Butterfly	31.44	32.00	466	14/03/20	BPSC Spring Regional Qualifier 2020	Basildon	ER200476	3
100 Butterfly	1:12.52	1:13.60	414	13/10/18	NASL South Round One 2018	Gillingham	SE182186	3
200 Butterfly	3:15.72	3:17.30	228	22/03/15	Erith & District and Orpington Ojays SC	Medway Park	LR150592	3
50 Backstroke	33.89	34.50	413	24/11/19	Maidstone 175th Anniversary Celebration Meet	Maidstone	SE192403	3
100 Backstroke	1:12.57	1:13.70	432	24/11/19	Maidstone 175th Anniversary Celebration Meet	Maidstone	SE192403	3
200 Backstroke	2:43.57	2:45.60	384	20/09/18	Sevenoaks Club Championships 2018	Sevenoaks	SE181787	4
200 Individual Medley	2:49.39	2:51.70	372	06/11/16	DDSC & EDSC Fireworks Meet 2016	Bexleyheath	SE160682	3
100 Individual Medley	1:17.17	1:17.20	392	03/12/16	Sevenoaks Club Championships	Sevenoaks	SE162017	4