

Individual Best Times (All Time)

Katie Ford - (1132461) - Windsor SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.41	27.70	573	15/01/22	Berkshire & South Bucs County & Age Group Champs	Wycombe	SE220084	1
100 Freestyle	1:01.57	1:00.20	592	30/04/22	Swim England South East Summer Championships	Wycombe	SE220755	1
200 Freestyle	2:19.99	2:17.50	523	30/01/22	Berkshire & South Bucs County & Age Group Champs	Wycombe	SE220085	1
400 Freestyle	4:59.41	4:54.70	485	29/01/22	Berkshire & South Bucs County & Age Group Champs	Wycombe	SE220085	1
50 Breaststroke	38.67	37.80	428	16/01/22	Berkshire & South Bucs County & Age Group Champs	Wycombe	SE220084	1
100 Breaststroke	1:25.43	1:23.90	423	29/01/23	Berkshire & South Bucs County & Age Group Champs	High Wycombe	SE230050	1
50 Butterfly	32.44	31.90	427	29/01/23	Berkshire & South Bucs County & Age Group Champs	High Wycombe	SE230050	1
50 Backstroke	30.95	30.30	653	07/08/22	Swim England National Summer Meet 2022	Sheffield	ENG024	1
100 Backstroke	1:06.43	1:05.20	642	08/08/22	Swim England National Summer Meet 2022	Sheffield	ENG024	1
200 Backstroke	2:26.93	2:24.60	588	31/07/22	Winchester City Penguins Summer Scorcher 2022	Winchester	SE221270	3
200 Individual Medley	2:41.60	2:39.10	475	30/01/22	Berkshire & South Bucs County & Age Group Champs	Wycombe	SE220085	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.88	28.60	556	14/05/22	Windsor SC Spring Open Meet	Maidenhead	SE220444	3
100 Freestyle	1:00.61	1:02.00	569	16/10/22	The Winchester Autumn Qualifier	Winchester	SE221723	2
200 Freestyle	2:16.75	2:19.30	524	20/11/21	Bracknell & Wokingham SC County Qualifier Meet	Bracknell	SE210854	3
400 Freestyle	4:50.84	4:55.60	502	09/12/21	Windsor SC Club Championships	Heathfield School	SE211432	4
800 Freestyle	10:18.17	10:27.50	460	25/09/22	Windsor SC Club Championships	Eton	SE221772	4
1500 Freestyle	20:14.88	20:31.80	417	23/06/24	Windsor Club Champs 2024	Maidenhead	SE241270	4
50 Breaststroke	37.56	38.40	430	14/05/22	Windsor SC Spring Open Meet	Maidenhead	SE220444	3
100 Breaststroke	1:24.06	1:25.50	408	29/09/22	Windsor SC Club Championships	Ascot	SE221773	4
200 Breaststroke	3:00.37	3:03.30	415	15/05/22	Windsor SC Spring Open Meet	Maidenhead	SE220444	3
50 Butterfly	32.32	32.90	429	14/05/22	Windsor SC Spring Open Meet	Maidenhead	SE220444	3
100 Butterfly	1:14.72	1:15.70	378	25/09/22	Windsor SC Club Championships	Eton	SE221772	4
200 Butterfly	2:58.72	3:00.50	299	12/12/21	Windsor SC Club Championships	Heathfield School	SE211433	4
50 Backstroke	29.80	30.50	608	19/11/23	Guildford City L2 Winter Open Meet 2023	Surrey Sports Park	SE231403	2
100 Backstroke	1:05.26	1:06.50	595	16/10/22	The Winchester Autumn Qualifier	Winchester	SE221723	2
200 Backstroke	2:22.75	2:25.10	578	28/09/22	Windsor SC Club Championships	Ascot	SE221773	4
200 Individual Medley	2:32.70	2:35.30	508	12/11/22	Arena Swimming League South - Round Two	Southampton	SE222327	3
400 Individual Medley	5:40.69	5:45.80	439	25/11/21	Windsor SC Club Championships	Windsor	SE210383	4
100 Individual Medley	1:10.16	1:10.20	522	20/11/22	Guildford City SC Level 2 Winter Open	Guildford	SE220865	2