

Individual Best Times (All Time)

Mia Maspers - (1132291) - Team Ipswich Swimming

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.55	25.80	703	27/07/17	British Summer Championships	Sheffield	BSW002	1
100 Freestyle	58.41	57.00	693	30/04/17	ASA East Long Course Championships	Luton	ER170219	1
200 Freestyle	2:16.78	2:14.20	561	25/05/15	ASA East Region Summer Championships	Norwich	ER150673	1
50 Breaststroke	39.52	38.70	401	29/04/17	ASA East Long Course Championships	Luton	ER170219	1
50 Butterfly	29.92	29.30	544	01/05/17	ASA East Long Course Championships	Luton	ER170219	1
100 Butterfly	1:09.84	1:08.70	501	07/08/21	British Swimming Festival of Swimming East Region	London Aquatic Centr	ER210171	1
50 Backstroke	33.44	32.80	518	27/03/16	UEA City of Norwich Easter Long Course Meet	Norwich	ER160218	1
100 Backstroke	1:14.43	1:13.30	456	24/05/15	ASA East Region Summer Championships	Norwich	ER150673	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.18	27.00	671	19/03/17	Teamipswich March Open 2017	Ipswich	ER170552	3
100 Freestyle	57.21	58.70	677	09/12/17	NASL - London Rounds 2017 - Premier Division	Luton	ER172137	2
200 Freestyle	2:09.63	2:12.30	616	14/02/16	Suffolk County Championships 2016	Ipswich	ER160407	2
400 Freestyle	4:46.79	4:51.60	524	28/02/16	Suffolk County Championships 2016	Ipswich	ER160409	2
800 Freestyle	10:10.79	10:20.20	477	13/11/16	Teamipswich Long Distance Invitationa Meet	Ipswich	ER162373	4
50 Breaststroke	35.84	36.70	495	11/02/18	Suffolk County Championships 2018	Ipswich	ER180353	2
100 Breaststroke	1:21.54	1:23.10	447	24/09/17	Teamipswich Club Championships	Ipswich	ER171735	4
200 Breaststroke	3:25.25	3:27.80	281	22/06/14	Suffolk County ASA Development Championships	Newmarket	ER4546	3
50 Butterfly	29.40	30.00	570	19/03/17	Teamipswich March Open 2017	Ipswich	ER170552	3
100 Butterfly	1:07.72	1:08.80	508	04/02/17	Suffolk County ASA Championships 2017	Ipswich	ER170394	2
50 Backstroke	31.11	31.70	534	12/02/17	Suffolk County ASA Championships 2017	Ipswich	ER170395	2
100 Backstroke	1:07.56	1:08.70	536	11/02/18	Suffolk County Championships 2018	Ipswich	ER180353	2
200 Backstroke	2:42.44	2:44.50	392	18/01/15	Teamipswich Swimming January Open Meet	Ipswich	ER150023	3
200 Individual Medley	2:45.68	2:48.00	397	22/11/14	Teamipswich Club Championships	Ipswich	ER14549	4
100 Individual Medley	1:08.68	1:08.70	557	10/02/18	Suffolk County Championships 2018	Ipswich	ER180353	2