

Individual Best Times (All Time)

Alexandra Murray - (1130594) - Warrender Baths Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.99	28.30	540	30/03/18	Scottish National Age Group Championships	Tollcross	SCO1441	1
100 Freestyle	1:03.65	1:02.30	536	27/03/19	Scottish National Age Group Championships	Tollcross	SCO1637	1
200 Freestyle	2:18.79	2:16.30	537	02/04/17	Scottish National Age Group Championships	Aberdeen	SCO1270	1
400 Freestyle	4:52.75	4:47.90	519	31/03/17	Scottish National Age Group Championships	Aberdeen	SCO1270	1
800 Freestyle	10:23.21	10:13.90	470	02/04/16	Scottish National Age Group Championships	Glasgow	SCO1106	1
50 Breaststroke	39.67	38.90	397	03/02/18	East District Age Groups 2018 Round 3	Edinburgh	SCO1419	1
100 Breaststroke	1:28.87	1:27.40	375	04/02/18	East District Age Groups 2018 Round 3	Edinburgh	SCO1419	1
50 Butterfly	29.95	29.30	542	26/05/19	Glasgow International Swim Meet	Tollcross	SCO1665	1
100 Butterfly	1:07.14	1:06.00	564	22/02/20	EDAG Roun 4 Finals	Edinburgh	SCO1810	1
200 Butterfly	2:45.05	2:43.10	401	30/03/18	Scottish National Age Group Championships	Tollcross	SCO1441	1
50 Backstroke	32.55	31.90	561	16/03/19	Edinburgh International	Edinburgh	SCO1626	1
100 Backstroke	1:09.84	1:08.70	553	03/02/18	East District Age Groups 2018 Round 3	Edinburgh	SCO1419	1
200 Backstroke	2:32.27	2:30.10	528	27/03/19	Scottish National Age Group Championships	Tollcross	SCO1637	1
200 Individual Medley	2:33.36	2:30.80	556	26/01/19	Brodies Schools Swimming Championships	Tollcross	SCO1592	1
400 Individual Medley	5:29.17	5:23.80	526	06/05/18	East District Open Championships	Edinburgh	SCO1461	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.29	29.00	532	22/12/18	East District Age Groups 2018 Round 2	Edinburgh	SCO1578	2
100 Freestyle	1:02.04	1:03.40	531	18/02/18	Carnegie Open Spring Age Group Meet 2018	Dunfermline	SCO1420	2
200 Freestyle	2:15.09	2:17.60	544	03/11/18	North District Open Championships 2018	Aberdeen	SCO1538	2
400 Freestyle	4:41.01	4:46.00	557	25/11/18	East District Age Group Championships round 1	Michael Woods Centre	SCO1567	2
800 Freestyle	9:41.99	9:51.80	552	24/11/18	East District Age Group Championships round 1	Michael Woods Centre	SCO1567	2
1500 Freestyle	18:49.60	19:07.70	519	25/11/18	East District Age Group Championships round 1	Michael Woods Centre	SCO1567	2
50 Breaststroke	38.45	39.30	401	22/12/18	East District Age Groups 2018 Round 2	Edinburgh	SCO1578	2
100 Breaststroke	1:24.57	1:26.00	400	05/10/19	WBC Championships Day 2 and 3 2019	Michael Woods Centre	SCO1753	2
200 Breaststroke	2:56.57	2:59.50	442	13/01/18	EDAG Round 2 2018	Michael Woods Centre	SCO1432	2
50 Butterfly	29.26	29.90	578	13/12/19	Scottish National Short Course Championships	Edinburgh	SCO1762	2
100 Butterfly	1:05.40	1:06.60	564	14/12/19	Scottish National Short Course Championships	Edinburgh	SCO1762	2
200 Butterfly	2:31.46	2:33.50	492	05/10/19	WBC Championships Day 2 and 3 2019	Michael Woods Centre	SCO1753	2
50 Backstroke	30.77	31.40	552	07/12/18	Scottish National Short Course Open Swimming	Edinburgh	SCO1566	2
100 Backstroke	1:05.75	1:07.00	581	09/12/18	Scottish National Short Course Open Swimming	Edinburgh	SCO1566	2
200 Backstroke	2:22.78	2:25.10	578	03/11/18	North District Open Championships 2018	Aberdeen	SCO1538	2
200 Individual Medley	2:28.16	2:30.80	556	03/11/18	North District Open Championships 2018	Aberdeen	SCO1538	2
400 Individual Medley	5:19.57	5:25.00	531	23/11/19	East District Age Groups round 2	Michael Woods Centre	SCO1754	2
100 Individual Medley	1:09.02	1:09.00	548	15/12/19	Scottish National Short Course Championships	Edinburgh	SCO1762	2