

Individual Best Times (All Time)

Lewis Arthur - (1130104) - Airdrie and Monkland ASC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.46	33.10	239	20/03/16	Ren 96 Graded Meet	Linwood	SCO1102	2
100 Freestyle	1:08.69	1:09.90	278	22/10/16	Alloa Graded Meet	Stirling	SCO1192	2
200 Freestyle	2:28.64	2:31.00	298	22/10/16	Alloa Graded Meet	Stirling	SCO1192	2
400 Freestyle	5:03.01	5:07.60	343	23/10/16	Alloa Graded Meet	Stirling	SCO1192	2
50 Butterfly	34.15	34.70	258	26/08/17	2017 SS West District SC Sprints and Relay	Ayr	SCO1326	1
100 Butterfly	1:18.96	1:19.90	221	25/03/17	Falkirk Extended Mini Meet Gala	Falkirk	SCO1267	2
50 Backstroke	37.79	38.30	200	01/05/16	Dumfries & FIRST Spring Meet	Bellshill	SCO1119	2
100 Backstroke	1:17.31	1:18.30	244	25/03/17	Falkirk Extended Mini Meet Gala	Falkirk	SCO1267	2
200 Backstroke	2:38.47	2:40.60	296	30/10/16	2016 SASA West District SC SAG Championship	Glasgow	SCO1199	1
200 Individual Medley	3:01.24	3:03.40	221	01/05/16	Dumfries & FIRST Spring Meet	Bellshill	SCO1119	2
100 Individual Medley	1:35.19	1:35.20	138	24/08/14	Cumbernauld Autumn Graded Meet	Tryst	SCO869	2