

Individual Best Times (All Time)

Lucy King - (1129977) - Swim Bournemouth

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.03	31.70	403	27/02/16	Dorset County ASA Integrated Champs & AG	Littledown	SW160049	2
100 Freestyle	1:11.89	1:13.00	341	17/01/16	Redhill & Reigate Winter Open Meet	Horsham	SE160244	3
200 Freestyle	2:36.18	2:38.40	352	26/04/15	Haslemere B Grade	Haslemere	SE150697	3
400 Freestyle	5:43.54	5:47.60	305	09/06/14	Haslemere SC Club Championships 2014	Haslemere	SE4624	4
800 Freestyle	12:51.94	12:59.40	236	08/10/13	Haslemere SC Club Championships	Surrey	SE3191	4
50 Breaststroke	43.65	44.40	274	17/01/16	Redhill & Reigate Winter Open Meet	Horsham	SE160244	3
100 Breaststroke	1:39.88	1:41.10	243	28/06/14	Haslemere SC Club Championships 2014	Haslemere	SE4625	4
200 Breaststroke	3:28.85	3:31.40	267	09/06/14	Haslemere SC Club Championships 2014	Haslemere	SE4624	4
50 Butterfly	36.35	36.90	301	16/01/16	Godalming 10% Discount Open Meet 2016	Godalming	SE160323	3
50 Backstroke	36.17	36.70	340	16/01/16	Godalming 10% Discount Open Meet 2016	Godalming	SE160323	3
100 Backstroke	1:21.06	1:22.00	310	17/01/16	Redhill & Reigate Winter Open Meet	Horsham	SE160244	3
200 Backstroke	2:59.05	3:00.90	293	28/06/14	Haslemere SC Club Championships 2014	Haslemere	SE4625	4
200 Individual Medley	3:09.59	3:11.70	265	09/06/14	Haslemere SC Club Championships 2014	Haslemere	SE4624	4
400 Individual Medley	6:25.68	6:30.20	302	08/06/14	Haslemere Club Championships	Haslemere	SE4623	4
100 Individual Medley	1:24.28	1:24.30	301	26/04/15	Haslemere B Grade	Haslemere	SE150697	3