

Individual Best Times (All Time)

Poppy Bridgen - (1129805) - Hillingdon Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.34	28.60	521	06/04/19	Guildford City Level 1 Spring Open Meet	Surrey Sports Park	SE190010	1
100 Freestyle	1:04.01	1:02.70	527	27/01/19	2019 Middlesex County Championships	London	LR190268	1
200 Freestyle	2:21.40	2:18.90	508	21/04/19	Team Luton April Open Meet	Luton	ER190182	1
400 Freestyle	5:04.58	4:59.90	461	26/01/19	2019 Middlesex County Championships	London	LR190268	1
50 Breaststroke	37.47	36.60	471	07/04/19	Guildford City Level 1 Spring Open Meet	Surrey Sports Park	SE190010	1
100 Breaststroke	1:23.77	1:22.30	448	07/04/19	Guildford City Level 1 Spring Open Meet	Surrey Sports Park	SE190010	1
200 Breaststroke	2:57.85	2:54.90	462	06/04/19	Guildford City Level 1 Spring Open Meet	Surrey Sports Park	SE190010	1
50 Butterfly	32.44	31.90	427	07/04/19	Guildford City Level 1 Spring Open Meet	Surrey Sports Park	SE190010	1
100 Butterfly	1:15.81	1:14.80	391	26/01/19	2019 Middlesex County Championships	London	LR190268	1
200 Butterfly	3:04.14	3:02.40	289	20/04/19	Team Luton April Open Meet	Luton	ER190182	1
50 Backstroke	35.39	34.80	437	26/01/19	2019 Middlesex County Championships	London	LR190268	1
100 Backstroke	1:31.27	1:30.40	247	17/07/16	Portsmouth Northsea End of Season Meet	Portsmouth	SE160364	3
200 Individual Medley	2:45.89	2:43.50	439	15/04/18	N&EL L1 National Qualifying Meet	London	LR180247	1
400 Individual Medley	5:49.84	5:44.80	438	27/01/19	2019 Middlesex County Championships	London	LR190268	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.38	30.10	475	02/11/19	2019 London Region Winter Championships	London	LR192817	2
100 Freestyle	1:04.03	1:05.30	483	22/12/19	Hillingdon The Fast and The Festive FINIS Meet	Hillingdon	LR192991	2
200 Freestyle	2:19.10	2:21.60	498	17/11/18	Guildford City L2 Winter Open	Surrey SP	SE180713	2
400 Freestyle	4:55.90	5:00.60	477	22/07/18	BPSC End Of Season Meet 2018	Basildon	ER180215	3
800 Freestyle	10:43.24	10:52.20	408	24/11/17	COSC L3 Meet	Oxford	SE172255	3
50 Breaststroke	36.89	37.70	454	04/11/18	2018 London Swimming Regional Winter Champs	London	LR182146	2
100 Breaststroke	1:20.62	1:22.20	462	03/11/18	2018 London Swimming Regional Winter Champs	London	LR182146	2
200 Breaststroke	2:50.93	2:54.00	487	03/11/18	2018 London Swimming Regional Winter Champs	London	LR182146	2
50 Butterfly	32.38	33.00	426	03/11/19	2019 London Region Winter Championships	London	LR192817	2
100 Butterfly	1:15.04	1:16.00	373	16/12/18	Hillingdon Winter Meet 2018	Uxbridge	LR182147	3
200 Butterfly	2:48.76	2:50.60	356	16/12/18	Hillingdon Winter Meet 2018	Uxbridge	LR182147	3
50 Backstroke	35.47	36.00	360	15/12/18	Hillingdon Winter Meet 2018	Uxbridge	LR182147	3
100 Backstroke	1:16.52	1:17.60	369	17/11/19	The Royals Autumn Open Meet 2019	Elmbridge Xcel	LR192487	3
200 Backstroke	3:06.73	3:08.50	258	19/06/16	BHSC End of Season Open Meet 2016	Hendon	LR161077	3
200 Individual Medley	2:38.67	2:41.10	453	17/11/18	Guildford City L2 Winter Open	Surrey SP	SE180713	2
400 Individual Medley	5:46.69	5:51.70	416	03/02/18	MCASA 2018 County Age Group & Youth Championships	Southbury Road LC	LR180225	2
100 Individual Medley	1:16.01	1:16.00	410	20/01/18	MCASA 2018 County Age Group & Youth Championships	Southbury Road LC	LR180224	2