

Individual Best Times (All Time)

Samuel Cann - (1129598) - Guernsey Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.75	31.10	285	06/05/22	Swim England South East Summer Championships	Crawley	SE220756	1
100 Freestyle	1:10.28	1:09.10	296	05/02/23	Hampshire ASA County Championships 2023	Winchester	SE230250	1
50 Breaststroke	35.99	35.10	374	28/04/24	SE South East Region LC Championships 2024	Winchester	SE240685	1
100 Breaststroke	1:18.25	1:16.60	384	03/02/24	Hampshire County Swimming Championships 2024	Winchester	SE240344	1
200 Breaststroke	2:50.04	2:46.90	401	04/02/24	Hampshire County Swimming Championships 2024	Winchester	SE240344	1
50 Butterfly	30.88	30.30	375	03/02/24	Hampshire County Swimming Championships 2024	Winchester	SE240344	1
50 Backstroke	37.36	36.80	250	18/12/22	Winchester Winter Sparkler Meet 2022	Winchester	SE222312	3
200 Individual Medley	2:34.33	2:31.80	403	03/02/24	Hampshire County Swimming Championships 2024	Winchester	SE240344	1
400 Individual Medley	5:34.08	5:28.80	382	17/12/23	Winchester Winter Sparkler 2023	Winchester	SE232492	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.73	29.40	345	17/03/24	Guernsey SC Club Champs 2024	Guernsey	SE240748	4
100 Freestyle	1:08.22	1:09.40	283	11/06/22	The Beau Sejour Barracudas 32nd Open Meet	Beau Sejour	SE220938	3
200 Freestyle	2:29.59	2:31.90	293	15/02/23	Guernsey SC Club Championships 2023	St Sampsons	SE230569	4
400 Freestyle	5:17.77	5:22.20	297	08/03/23	Guernsey SC Club Championships 2023	St Sampsons	SE230571	4
800 Freestyle	10:37.40	10:46.40	336	21/06/23	Guernsey SC Club Championships 2023	St Sampsons HS	SE230573	4
1500 Freestyle	20:39.21	20:55.80	319	26/06/23	Guernsey SC Club Championships 2023	St Sampsons HS	SE230572	4
50 Breaststroke	34.44	35.30	380	23/06/24	Rushmoor Royals Summer L2 Short Course Open Meet	Aldershot	SE240423	2
100 Breaststroke	1:14.81	1:16.50	403	22/06/24	Rushmoor Royals Summer L2 Short Course Open Meet	Aldershot	SE240423	2
200 Breaststroke	2:41.25	2:44.50	413	23/06/24	Rushmoor Royals Summer L2 Short Course Open Meet	Aldershot	SE240423	2
50 Butterfly	30.93	31.50	347	16/03/24	Guernsey SC Club Champs 2024	Guernsey	SE240747	4
100 Butterfly	1:07.73	1:08.80	351	22/06/24	Rushmoor Royals Summer L2 Short Course Open Meet	Aldershot	SE240423	2
200 Butterfly	4:01.93	4:03.20	86	16/10/20	Guernsey SC 200m Club Championships	Guernsey	SE201191	4
50 Backstroke	32.84	33.40	305	02/03/24	Guernsey ASA 50 Sprint Gala 2024	Guernsey	SE240569	3
100 Backstroke	1:19.42	1:20.40	225	24/09/22	Guernsey ASA 100m Gala	Beau Sejour Leisure	SE221926	4
200 Backstroke	2:41.51	2:43.60	279	07/10/23	Guernsey SC Club Championships 2023	St Sampsons HS	SE230575	4
200 Individual Medley	2:29.55	2:32.20	393	17/03/24	Guernsey SC Club Champs 2024	Guernsey	SE240748	4
400 Individual Medley	5:11.26	5:16.90	429	22/06/24	Rushmoor Royals Summer L2 Short Course Open Meet	Aldershot	SE240423	2
100 Individual Medley	1:08.45	1:08.50	373	22/06/24	Rushmoor Royals Summer L2 Short Course Open Meet	Aldershot	SE240423	2