

# Individual Best Times (All Time)

William Bolitho - (1129568) - Epping Forest Dist SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.89	30.20	310	03/02/18	Essex Age Group Championships 2018	London	ER180155	1
50 Backstroke	35.24	34.70	298	02/02/19	ESSEX AGE GROUP CHAMPS 2019	LONDON	ER190209	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.58	30.30	316	15/12/18	LB Redbridge Last Chance County Qualifier	Fullwell Cross Pool	LR180796	3
100 Freestyle	1:06.16	1:07.40	311	09/09/18	Epping Forest Internal Club Champs 2018	Loughton	ER181655	4
200 Freestyle	2:45.08	2:47.20	218	08/11/15	Epping Forest District SC 2015 Club Championships	Loughton	ER151118	4
400 Freestyle	5:55.89	5:59.80	212	11/09/16	Epping Forest Club Championships	Loughton	ER161336	4
50 Breaststroke	42.22	43.00	206	08/07/18	Epping Forest Internal Club Champs 2018	Loughton	ER181654	4
100 Breaststroke	1:30.05	1:31.40	231	09/12/18	Epping Forest Internal Club Champs 2018	Loughton	ER182801	4
200 Breaststroke	3:45.52	3:47.90	151	29/11/15	Epping Forest District SC	Loughton	ER151117	4
50 Butterfly	34.98	35.50	240	08/07/18	Epping Forest Internal Club Champs 2018	Loughton	ER181654	4
100 Butterfly	1:23.85	1:24.80	185	11/11/18	Epping Forest Internal Club Champs 2018	Loughton	ER181658	4
50 Backstroke	34.06	34.60	273	23/11/18	Harlow Penguins 2018 Winter Open Meet	Harlow	ER181952	3
100 Backstroke	1:15.21	1:16.30	265	30/09/18	Epping Forest Internal Club Champs 2018	Loughton	ER181656	4
200 Backstroke	2:47.47	2:49.50	250	09/09/18	Epping Forest Internal Club Champs 2018	Loughton	ER181655	4
200 Individual Medley	2:53.59	2:55.90	251	16/06/18	Harlow Penguins 7th Eric Shepherd Open Meet	Harlow	ER181242	3
100 Individual Medley	1:30.45	1:30.50	161	27/09/15	Epping Forest District Season Opener 2015	Loughton	ER150888	3