

Individual Best Times (All Time)

Eva Chong - (1126997) - East Kilbride ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.66	32.00	377	27/04/18	East Kilbride Long Course Open Age Group Meet	Dollan Aqua Centre	SCO1453	1
100 Freestyle	1:12.97	1:11.80	355	28/04/18	East Kilbride Long Course Open Age Group Meet	Dollan Aqua Centre	SCO1453	1
100 Breaststroke	1:56.14	1:55.00	168	04/06/16	East Kilbride Long Course Open Age Group Meet	East Kilbride	SCO1139	2
50 Butterfly	41.18	40.70	208	04/06/16	East Kilbride Long Course Open Age Group Meet	East Kilbride	SCO1139	2
50 Backstroke	42.12	41.60	259	07/06/15	East Kilbride Long Course Open Age Group Meet	East Kilbride	SCO991	2
100 Backstroke	1:31.42	1:30.50	246	06/06/15	East Kilbride Long Course Open Age Group Meet	East Kilbride	SCO991	2
200 Backstroke	2:59.82	2:58.00	321	28/04/18	East Kilbride Long Course Open Age Group Meet	Dollan Aqua Centre	SCO1453	1
200 Individual Medley	3:18.23	3:16.20	257	08/05/16	2016 Best in the West Open Meet	Glasgow	SCO1127	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.12	35.70	278	27/08/16	2016 SASA West District SR Champs	Glasgow	SCO1161	1
100 Freestyle	1:21.74	1:22.80	232	30/04/16	Dumfries & FIRST Spring Meet	Bellshill	SCO1119	2
200 Freestyle	3:05.73	3:07.60	209	31/01/15	North Ayrshire 200 Meet	Auchenharvie	SCO933	2
400 Freestyle	6:09.20	6:13.00	245	30/04/16	Dumfries & FIRST Spring Meet	Bellshill	SCO1119	2
200 Breaststroke	3:56.40	3:58.60	184	13/03/16	North Ayrshire 200 Meet	Auchenharvie	SCO1097	2
50 Butterfly	57.99	58.30	74	15/03/14	Cumbernauld Spring Graded Meet 2014	Tryst	SCO821	2
50 Backstroke	41.88	42.40	219	27/08/16	2016 SASA West District SR Champs	Glasgow	SCO1161	1
100 Backstroke	1:31.58	1:32.50	215	14/03/15	Cumbernauld Spring Graded Meet	Cumbernauld	SCO952	2
200 Backstroke	3:09.55	3:11.30	247	13/03/16	North Ayrshire 200 Meet	Auchenharvie	SCO1097	2
200 Individual Medley	3:14.24	3:16.30	246	30/04/16	Dumfries & FIRST Spring Meet	Bellshill	SCO1119	2