

# Individual Best Times (All Time)

Lucienne Doig - (1123200) - Swim Western Isles

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.80	30.10	450	27/05/17	North District Long Course Time Trials 2017	Aberdeen	SCO1299	1
100 Freestyle	1:14.17	1:13.00	338	03/05/14	Westhill Dolphin Drilling Invitational Meet 2014	Aberdeen	SCO836	2
50 Breaststroke	37.22	36.40	480	02/04/16	Scottish National Age Group Championships	Glasgow	SCO1106	1
100 Breaststroke	1:23.57	1:22.00	451	07/07/17	Scottish Summer Meet	Edinburgh	SCO1321	1
200 Breaststroke	3:02.41	2:59.50	428	02/07/16	Scottish National Open Championships	Glasgow	SCO1155	1
50 Butterfly	33.64	33.10	383	28/05/17	North District Long Course Time Trials 2017	Aberdeen	SCO1299	1
50 Backstroke	34.99	34.40	452	27/05/17	North District Long Course Time Trials 2017	Aberdeen	SCO1299	1
100 Backstroke	1:16.55	1:15.50	420	29/05/16	North District Junior LC Time Trials	Aberdeen	SCO1135	2
200 Individual Medley	2:43.10	2:40.70	462	28/05/17	North District Long Course Time Trials 2017	Aberdeen	SCO1299	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.11	30.80	441	28/08/16	2016 SASA West District SR Champs	Glasgow	SCO1161	1
100 Freestyle	1:06.57	1:07.80	430	19/09/15	37 Thurso Open	Thurso	SCO1020	2
200 Freestyle	2:30.06	2:32.40	397	28/11/15	Thuro HST Timing Session	Thuro	SCO1050	2
50 Breaststroke	35.87	36.70	494	26/06/17	XVII Natwest Island Games	Gotland, Sweden	GBR551	2
100 Breaststroke	1:19.64	1:21.20	480	05/11/16	North District Open Championships	Inverness	SCO1193	1
200 Breaststroke	2:51.21	2:54.30	485	06/11/16	North District Open Championships	Inverness	SCO1193	1
50 Butterfly	32.91	33.50	406	30/06/15	NatWest Island Games 2015	Jersey	SE150831	2
100 Butterfly	1:13.13	1:14.20	403	17/09/16	38 Thurso Open Meet	Wick	SCO1170	2
50 Backstroke	32.86	33.50	453	29/06/17	XVII Natwest Island Games	Gotland, Sweden	GBR551	2
100 Backstroke	1:11.00	1:12.10	462	27/06/17	XVII Natwest Island Games	Gotland, Sweden	GBR551	2
200 Backstroke	2:33.30	2:35.50	467	22/01/17	HST Timing Session	Thurso	SCO1224	2
200 Individual Medley	2:37.81	2:40.30	460	21/01/17	HST Timing Session	Thurso	SCO1224	2
100 Individual Medley	1:11.69	1:11.70	489	28/08/16	2016 SASA West District SR Champs	Glasgow	SCO1161	1