

# Individual Best Times (All Time)

Michael Bastyan - (1122974) - Caerphilly County Swim Squad

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	38.59	38.00	159	23/02/14	City of Cardiff Closed Invitational Meet	Cardiff	WAL551	4
100 Freestyle	1:32.91	1:32.00	128	23/02/14	City of Cardiff Closed Invitational Meet	Cardiff	WAL551	4
50 Breaststroke	52.69	52.10	119	23/02/14	City of Cardiff Closed Invitational Meet	Cardiff	WAL551	4
100 Breaststroke	1:56.89	1:55.80	115	23/02/14	City of Cardiff Closed Invitational Meet	Cardiff	WAL551	4
50 Butterfly	49.56	49.20	90	23/02/14	City of Cardiff Closed Invitational Meet	Cardiff	WAL551	4
50 Backstroke	49.61	49.20	106	23/02/14	City of Cardiff Closed Invitational Meet	Cardiff	WAL551	4
200 Individual Medley	3:50.62	3:48.90	120	23/02/14	City of Cardiff Closed Invitational Meet	Cardiff	WAL551	4

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.46	31.10	289	08/09/17	Caerphilly County Club Championships	Caerphilly	WL171705	3
100 Freestyle	1:07.61	1:08.80	291	09/09/17	Caerphilly County Club Championships	Caerphilly	WL171705	3
200 Freestyle	2:37.41	2:39.60	251	11/09/16	Caerphilly County Swim Squad Club Championships	Caerphilly	WL161581	3
1500 Freestyle	24:08.01	24:22.20	200	09/09/16	Caerphilly County Swim Squad Club Championships	Caerphilly	WL161581	3
50 Breaststroke	53.62	54.20	100	15/12/13	City of Newport Christmas Cracker	Newport	WAL538	4
100 Breaststroke	1:33.63	1:35.00	205	08/09/17	Caerphilly County Club Championships	Caerphilly	WL171705	3
200 Breaststroke	3:37.05	3:39.50	169	10/09/16	Caerphilly County Swim Squad Club Championships	Caerphilly	WL161581	3
50 Butterfly	50.84	51.20	78	15/12/13	City of Newport Christmas Cracker	Newport	WAL538	4
100 Butterfly	1:22.27	1:23.20	195	10/09/17	Caerphilly County Club Championships	Caerphilly	WL171705	3
200 Butterfly	3:34.25	3:35.70	124	09/09/16	Caerphilly County Swim Squad Club Championships	Caerphilly	WL161581	3
50 Backstroke	50.77	51.20	82	15/12/13	City of Newport Christmas Cracker	Newport	WAL538	4
100 Backstroke	1:26.39	1:27.30	175	10/09/17	Caerphilly County Club Championships	Caerphilly	WL171705	3
200 Backstroke	3:08.81	3:10.60	175	10/09/16	Caerphilly County Swim Squad Club Championships	Caerphilly	WL161581	3
200 Individual Medley	3:06.44	3:08.50	203	11/09/16	Caerphilly County Swim Squad Club Championships	Caerphilly	WL161581	3