

Individual Best Times (All Time)

Hannah Nicholls - (1122969) - Caerphilly County Swim Squad

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.80	30.10	450	07/08/16	Swim Wales Summer Nationals	Swansea	WL160020	1
100 Freestyle	1:11.86	1:10.70	372	12/01/19	Swim Wales New Year Pentathlon	WNPS	WL190031	3
200 Freestyle	2:35.79	2:33.50	380	13/03/16	City of Cardiff Tiger Bay Meet	Cardiff	WL160202	3
50 Breaststroke	43.76	43.00	295	06/08/16	Swim Wales Summer Nationals	Swansea	WL160020	1
100 Breaststroke	1:37.19	1:35.90	287	14/01/17	Swim Wales New Year Pentathlon	Swansea	WL170072	3
50 Butterfly	35.50	35.00	325	14/07/18	Cardiff Bay Sprint Meet	Cardiff	WL181120	3
100 Butterfly	1:25.18	1:24.30	276	14/01/17	Swim Wales New Year Pentathlon	Swansea	WL170072	3
200 Butterfly	3:59.89	3:58.60	130	25/10/14	Frome Autumn Open Meet	Millfield	SW4288	3
50 Backstroke	38.48	38.00	340	14/07/18	Cardiff Bay Sprint Meet	Cardiff	WL181120	3
100 Backstroke	1:26.31	1:25.40	293	14/01/17	Swim Wales New Year Pentathlon	Swansea	WL170072	3
200 Individual Medley	2:53.27	2:51.00	385	14/07/18	Cardiff Bay Sprint Meet	Cardiff	WL181120	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.52	31.20	424	29/04/17	City of Newport Spring Open Meet	Newport	WL170487	2
100 Freestyle	1:06.09	1:07.30	439	04/12/16	Swim Wales Short Course Championships	Swansea	WL160022	2
200 Freestyle	2:32.19	2:34.50	380	04/02/17	Swim Wales South East Regional	Newport	WL170081	2
800 Freestyle	11:43.67	11:51.90	312	08/09/18	Caerphilly County Swim Squad Club Champs 2018	Caerphilly	WL181848	3
50 Breaststroke	42.93	43.70	288	06/02/17	Swim Wales South East Regional	Newport	WL170082	2
100 Breaststroke	1:36.84	1:38.10	267	07/09/18	Caerphilly County Swim Squad Club Champs 2018	Caerphilly	WL181848	3
200 Breaststroke	3:22.27	3:24.90	294	08/09/18	Caerphilly County Swim Squad Club Champs 2018	Caerphilly	WL181848	3
50 Butterfly	35.76	36.30	316	11/12/16	City of Newport Christmas Cracker	Newport	WL161579	3
100 Butterfly	1:20.59	1:21.50	301	09/09/18	Caerphilly County Swim Squad Club Champs 2018	Caerphilly	WL181848	3
200 Butterfly	3:12.56	3:14.20	239	07/09/18	Caerphilly County Swim Squad Club Champs 2018	Caerphilly	WL181848	3
50 Backstroke	36.82	37.40	322	11/12/16	City of Newport Christmas Cracker	Newport	WL161579	3
100 Backstroke	1:21.27	1:22.30	308	17/09/16	Bristol North Junior Open Meet	Weston super Mare	SW160969	3
200 Backstroke	3:00.55	3:02.40	285	08/09/18	Caerphilly County Swim Squad Club Champs 2018	Caerphilly	WL181848	3
200 Individual Medley	2:53.27	2:55.50	347	27/11/16	Swim Wales South East Sub Regional Champs	Newport	WL160031	3
100 Individual Medley	1:22.05	1:22.10	326	17/09/16	Bristol North Junior Open Meet	Weston super Mare	SW160969	3