

Individual Best Times (All Time)

Jodie Plowman - (1122720) - Melton Mowbray SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.54	32.90	348	05/03/17	Nova Centurion March Sprint Meet 2017	Nottingham	EM170410	3
100 Freestyle	1:12.38	1:11.20	364	11/03/18	Nova Centurion March Sprint Meet 2018	Nottingham	EM180094	3
200 Freestyle	2:40.67	2:38.50	346	31/01/16	The Leicestershire County Age Groups & Champs	Loughborough	EM160198	1
50 Breaststroke	45.31	44.60	266	11/03/18	Nova Centurion March Sprint Meet 2018	Nottingham	EM180094	3
100 Breaststroke	1:41.76	1:40.50	250	30/01/16	The Leicestershire County Age Groups & Champs	Loughborough	EM160198	1
50 Butterfly	33.59	33.00	384	23/03/19	Corby Annual Long Course Open Meet	Corby	EM190406	3
100 Butterfly	1:15.13	1:14.10	402	24/03/19	Corby Annual Long Course Open Meet	Corby	EM190406	3
50 Backstroke	39.33	38.80	318	11/03/18	Nova Centurion March Sprint Meet 2018	Nottingham	EM180094	3
200 Individual Medley	3:01.81	2:59.60	333	31/01/16	The Leicestershire County Age Groups & Champs	Loughborough	EM160198	1
400 Individual Medley	6:25.98	6:21.40	326	30/01/16	The Leicestershire County Age Groups & Champs	Loughborough	EM160198	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.45	33.10	352	07/10/17	Leicester Penguins 2017 Open Meet	Braunstone	EM170934	3
100 Freestyle	1:10.04	1:11.20	369	16/09/17	Melton Mowbray Annuals Part 2	Melton Mowbray	EM171567	4
200 Freestyle	2:27.78	2:30.10	415	21/01/17	Leicestershire County Championships	Braunstone	EM170274	2
400 Freestyle	5:03.31	5:07.90	443	10/06/17	Melton Mowbray Sprint & LD Championships	Melton Mowbray	EM170701	4
800 Freestyle	10:27.78	10:36.90	439	11/03/17	Sprint Championships & Long Distance Championships	Melton Mowbray	EM170699	4
1500 Freestyle	21:21.40	21:37.40	356	01/12/18	Hinckley 2018 Last Chance County Saloon Time Trial	Hinckley	EM182714	4
50 Breaststroke	41.50	42.30	319	31/08/19	Melton Mowbray Club Champs	Waterfield	EM192732	4
100 Breaststroke	1:30.09	1:31.50	331	14/09/19	Melton Mowbray Club Champs	Waterfield	EM192734	4
200 Breaststroke	3:14.13	3:16.80	333	28/09/19	Melton Mowbray Club Champs	Waterfield	EM192736	4
50 Butterfly	33.98	34.50	369	31/08/19	Melton Mowbray Club Champs	Waterfield	EM192732	4
100 Butterfly	1:14.29	1:15.30	385	02/02/19	Leicestershire County Age Groups & Championships	Hinckley	EM190422	2
200 Butterfly	2:46.75	2:48.60	369	21/09/19	Melton Mowbray Club Champs	Waterfield	EM192735	4
50 Backstroke	36.86	37.40	321	31/08/19	Melton Mowbray Club Champs	Waterfield	EM192732	4
100 Backstroke	1:18.52	1:19.50	341	04/02/18	Leicestershire County Age Groups & Championships	Braunstone	EM180330	2
200 Backstroke	2:46.77	2:48.80	362	02/09/17	Melton Mowbray 200m Champs Part 2	Melton Mowbray	EM171565	4
200 Individual Medley	2:44.31	2:46.70	407	03/02/18	Leicestershire County Age Groups & Championships	Braunstone	EM180330	2
400 Individual Medley	5:48.85	5:53.90	408	20/01/18	Leicestershire County Age Groups & Championships	Hinckley	EM180329	2
100 Individual Medley	1:17.38	1:17.40	389	04/02/18	Leicestershire County Age Groups & Championships	Braunstone	EM180330	2