

Individual Best Times (All Time)

Rory Plewes - (1120922) - Alton & District Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.57	28.90	353	19/03/16	Rushmoor Royals L1 Spring National Qualifier	Aldershot	SE160096	1
100 Freestyle	1:04.29	1:03.00	387	26/03/16	Portsmouth Northsea Easter Festival	Portsmouth	SE160363	1
200 Freestyle	2:24.25	2:21.80	353	12/02/17	Hampshire County Swimming Championships 2017	Portsmouth	SE170466	1
400 Freestyle	4:59.03	4:54.30	398	23/01/16	Hampshire County Swimming Championships 2016	Portsmouth	SE160575	1
1500 Freestyle	20:40.70	20:23.90	346	24/01/16	Hampshire County Swimming Championships 2016	Portsmouth	SE160575	1
50 Breaststroke	44.53	43.80	197	06/12/15	Rushmoor Royals Last Chance County Qualifier	Aldershot	SE151565	3
100 Breaststroke	1:38.73	1:37.40	191	18/05/14	Bracknell & Wokingham SC L1 Open Meet	Aldershot	SE4049	1
50 Butterfly	30.83	30.20	376	25/02/18	Rushmoor Royals Regional Qualifier Open Meet	Aldershot	SE180239	3
100 Butterfly	1:12.77	1:11.70	313	25/03/16	Portsmouth Northsea Easter Festival	Portsmouth	SE160363	1
50 Backstroke	34.75	34.20	311	08/05/16	Portsmouth Northsea LC Sprint Meet 2016	Portsmouth	SE160454	3
100 Backstroke	1:12.56	1:11.40	359	25/02/18	Rushmoor Royals Regional Qualifier Open Meet	Aldershot	SE180239	3
200 Backstroke	2:48.99	2:47.00	290	06/12/15	Rushmoor Royals Last Chance County Qualifier	Aldershot	SE151565	3
200 Individual Medley	2:55.57	2:53.30	273	14/06/14	ASA South East Region Age Group Championships	Crawley	SER419	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.21	28.90	364	02/06/18	Alton & District Club Championship	Alton	SE181289	4
100 Freestyle	1:03.27	1:04.60	355	13/12/15	City of Southampton 6th Christmas Open Meet	Southampton	SE150635	3
200 Freestyle	2:17.45	2:20.00	377	03/10/15	City of Southampton SC 15th James Moreno Open Meet	Southampton	SE150634	2
400 Freestyle	4:51.12	4:55.90	387	26/06/16	Hampshire & IOW SSA Annual Swimming Gala 2016	Portsmouth	SE160973	2
800 Freestyle	10:13.86	10:23.20	376	19/11/18	Alton & District Club Championship	Petersfield	SE181291	4
1500 Freestyle	19:22.80	19:40.40	386	14/12/15	Alton & District Autumn Club Championships	Alton	SE151451	4
50 Breaststroke	42.69	43.40	199	17/09/16	Alton District Club Championships	Alton	SE161431	4
100 Breaststroke	1:30.11	1:31.50	230	04/06/16	Alton District Club Championships	Alton	SE161428	4
200 Breaststroke	3:15.11	3:17.80	233	10/09/16	Alton District Club Championships	Alton	SE161430	4
50 Butterfly	30.64	31.30	357	02/06/18	Alton & District Club Championship	Alton	SE181289	4
100 Butterfly	1:09.66	1:10.70	322	13/11/16	Hampshire & Isle of Wight Schools SA Annual Gala	Waterlooville	SE162231	2
50 Backstroke	33.04	33.60	299	31/01/16	Hampshire County Swimming Championships 2016	Waterlooville	SE160576	2
100 Backstroke	1:10.06	1:11.20	328	20/05/18	Portsmouth Northsea May Sprint Meet	Portsmouth	SE180409	3
200 Backstroke	2:40.85	2:42.90	283	07/03/15	Hampshire County ASA Championships	Waterlooville	CC150870	1
200 Individual Medley	2:43.51	2:45.90	301	22/11/15	Peter Bull Open Meet	Waterlooville	SE152132	3
400 Individual Medley	5:52.90	5:57.90	294	29/11/14	Alton & District Autumn/Winter Club Champs	Petersfield	SE14160	4
100 Individual Medley	1:17.19	1:17.20	260	31/10/15	Alton & District SC Autumn Club Championships	Alton	SE151447	4