

Individual Best Times (All Time)

Anwen Thomas - (1120646) - Anaconda SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.10	32.50	362	28/01/18	MCASA 2018 County Age Group & Youth Championships	London	LR180226	1
100 Freestyle	1:19.59	1:18.50	274	02/07/16	Bishops Stortord End of Season LC Open Meet	Luton	ER160490	3
50 Breaststroke	46.24	45.60	250	19/02/17	WDSC BC Age Group Long Course Meet 2017	Wycombe	SE170369	3
50 Butterfly	37.31	36.80	280	27/01/18	MCASA 2018 County Age Group & Youth Championships	London	LR180226	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.72	32.40	377	02/12/18	Ealing Christmas County Qualifier	Northolt LC	LR181021	3
100 Freestyle	1:11.07	1:12.20	353	02/12/18	Ealing Christmas County Qualifier	Northolt LC	LR181021	3
200 Freestyle	3:03.38	3:05.30	217	15/03/15	MCASA Spring Development Meet	Enfield	LR150434	3
400 Freestyle	5:31.63	5:35.80	339	01/12/18	Ealing Christmas County Qualifier	Northolt LC	LR181021	3
50 Breaststroke	43.25	44.00	282	16/06/18	ESC End of Season Open	Northolt	LR180594	3
100 Breaststroke	1:39.27	1:40.50	247	20/11/16	Enfield County Qualifier	Enfield	LR161300	3
200 Breaststroke	3:38.43	3:40.80	233	31/10/15	Enfield Swim Squad County Qualifier	Enfield	LR150549	3
50 Butterfly	37.06	37.60	284	10/03/19	Ealing Regional Qualifier 2019	Northolt LC	LR190006	3
100 Butterfly	1:42.71	1:43.40	145	12/06/16	Barnet Coptall Kate Lack Trophy Meet	London	LR160993	3
200 Butterfly	4:05.30	4:06.60	115	28/11/14	Hackney vs Islington Winter Champs	Hackney	LR14645	4
50 Backstroke	41.07	41.60	232	20/11/16	Enfield County Qualifier	Enfield	LR161300	3
100 Backstroke	1:44.33	1:45.10	145	26/01/14	Barnet Coptall Winter Sprints Meet	Hendon	LR4210	3
200 Backstroke	3:26.42	3:28.00	191	29/11/14	Hackney vs Islington Winter Champs	Hackney	LR14645	4
200 Individual Medley	3:07.37	3:09.50	275	20/11/16	Enfield County Qualifier	Enfield	LR161300	3
100 Individual Medley	1:29.32	1:29.30	253	09/10/16	MCASA Winter Development Meet	Enfield	LR161660	3