

# Individual Best Times (All Time)

Sophie Nicolin - (1119422) - Winchester City Penguins

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	41.64	42.10	166	24/10/15	Winchester City Penguins Club Championships	St Swithuns	SE151748	4
100 Freestyle	1:35.02	1:35.90	147	25/10/15	Winchester City Penguins Club Championships	St Swithuns	SE151748	4
200 Freestyle	3:31.63	3:33.30	141	17/10/15	Winchester City Penguins Club Championships	St Swithuns	SE151746	4
50 Breaststroke	54.68	55.30	139	17/10/15	Winchester City Penguins Club Championships	St Swithuns	SE151746	4
100 Breaststroke	1:58.25	1:59.30	146	18/10/15	Winchester City Penguins Club Championships	St Swithuns	SE151746	4
200 Breaststroke	4:05.09	4:07.20	165	24/10/15	Winchester City Penguins Club Championships	St Swithuns	SE151748	4
50 Butterfly	49.25	49.60	121	25/10/15	Winchester City Penguins Club Championships	St Swithuns	SE151748	4
50 Backstroke	48.50	48.90	141	18/10/15	Winchester City Penguins Club Championships	St Swithuns	SE151746	4
100 Backstroke	1:46.81	1:47.60	135	17/10/15	Winchester City Penguins Club Championships	St Swithuns	SE151746	4
200 Backstroke	3:45.63	3:47.10	146	25/10/15	Winchester City Penguins Club Championships	St Swithuns	SE151748	4
200 Individual Medley	3:44.36	3:46.10	160	18/10/15	Winchester City Penguins Club Championships	St Swithuns	SE151746	4
100 Individual Medley	1:42.50	1:42.50	167	24/10/15	Winchester City Penguins Club Championships	St Swithuns	SE151748	4