

Individual Best Times (All Time)

Elizabeth Kelly - (1119261) - Hemel Hempstead SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:27.41	1:26.40	207	23/04/16	WDSC Long Course Sprint Meet	Wycombe	SE160110	3
100 Breaststroke	1:46.88	1:45.70	216	23/04/16	WDSC Long Course Sprint Meet	Wycombe	SE160110	3
50 Butterfly	50.04	49.70	116	23/04/16	WDSC Long Course Sprint Meet	Wycombe	SE160110	3
50 Backstroke	45.57	45.10	204	23/04/16	WDSC Long Course Sprint Meet	Wycombe	SE160110	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.15	35.70	277	15/10/16	Hemel Hempstead 103rd Birthday Open	Hertfordshire	ER161842	3
100 Freestyle	1:18.11	1:19.20	266	22/01/17	Herts County Champs & Age Group Champs	Borehamwood	ER170422	2
200 Freestyle	2:48.02	2:50.10	282	28/01/17	Herts County Champs & Age Group Champs	Borehamwood	ER170423	2
400 Freestyle	6:01.32	6:05.20	262	13/11/16	Watford & Hemel Hempstead Club Champs	Hemel Hempstead	ER162493	3
800 Freestyle	12:06.57	12:14.50	283	15/11/16	Watford & Hemel Hempstead Club Champs	Watford	ER162495	3
50 Breaststroke	42.53	43.30	296	10/12/16	NASL London	Dagenham	ER162329	3
100 Breaststroke	1:34.81	1:36.10	284	22/01/17	Herts County Champs & Age Group Champs	Borehamwood	ER170422	2
200 Breaststroke	3:18.05	3:20.70	313	28/01/17	Herts County Champs & Age Group Champs	Borehamwood	ER170423	2
50 Butterfly	46.76	47.20	141	22/05/16	Hemel Hempstead 5th Spring Development Meet	Hemel Hempstead	ER160839	3
50 Backstroke	43.28	43.70	198	22/05/16	Hemel Hempstead 5th Spring Development Meet	Hemel Hempstead	ER160839	3
100 Backstroke	1:30.88	1:31.80	220	15/10/16	Hemel Hempstead 103rd Birthday Open	Hertfordshire	ER161842	3
200 Backstroke	3:15.02	3:16.70	226	16/10/16	Hemel Hempstead 103rd Birthday Open	Hertfordshire	ER161842	3
200 Individual Medley	3:09.57	3:11.60	265	21/01/17	Herts County Champs & Age Group Champs	Borehamwood	ER170422	2
400 Individual Medley	6:56.98	7:01.20	239	16/11/16	Watford & Hemel Hempstead Club Champs	Hemel Hempstead	ER162496	3
100 Individual Medley	1:27.36	1:27.40	270	29/01/17	Herts County Champs & Age Group Champs	Borehamwood	ER170423	2