

Individual Best Times (All Time)

Ilia Zyp - (1116857) - Greenwich Royals SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.40	27.70	399	14/04/19	Newham & East London L1 National Qualifying Meet	London	LR190189	1
100 Freestyle	1:02.69	1:01.30	417	04/02/18	Kent Swimming Championships 2018	Crystal Palace	SE180334	1
200 Freestyle	2:21.86	2:19.40	371	04/02/18	Kent Swimming Championships 2018	Crystal Palace	SE180334	1
50 Breaststroke	36.58	35.70	357	06/05/19	London 2019 Long Course Summer Championships	London Aquatics Cnt	LR191253	1
100 Breaststroke	1:22.55	1:21.00	327	03/02/19	Kent Swimming Championships 2019	Crystal Palace	SE190349	1
200 Breaststroke	3:01.82	2:58.90	328	28/01/18	Kent Swimming Championships 2018	Crystal Palace	SE180333	1
50 Butterfly	29.01	28.40	452	20/05/18	2018 London Swimming Regional Summer Champs	Stratford	LR180783	1
100 Butterfly	1:05.44	1:04.30	431	13/05/18	2018 London Swimming Regional Summer Champs	Stratford	LR180782	1
50 Backstroke	34.93	34.40	306	11/02/18	Kent Swimming Championships 2018	London	SE180335	1
200 Individual Medley	2:44.56	2:42.10	332	21/05/17	2017 London Swimming Regional Age Group Champs	Crystal Palace	LR170802	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.92	28.70	376	16/12/18	BPSC Last Chance County Qualifier 2018	Basildon	ER181385	3
100 Freestyle	1:01.92	1:03.30	379	16/12/18	BPSC Last Chance County Qualifier 2018	Basildon	ER181385	3
200 Freestyle	2:18.28	2:20.80	371	24/11/17	Greenwich Royals Club Championships 2017	London	LR172352	4
400 Freestyle	4:57.07	5:01.80	364	03/07/18	Greenwich Royals Club Championships 2018	London	LR181578	4
50 Breaststroke	34.97	35.90	363	15/12/18	BPSC Last Chance County Qualifier 2018	Basildon	ER181385	3
100 Breaststroke	1:17.26	1:18.90	366	16/12/18	BPSC Last Chance County Qualifier 2018	Basildon	ER181385	3
200 Breaststroke	2:56.67	2:59.60	314	02/12/17	Greenwich Royals Club Championships 2017	London	LR172354	4
50 Butterfly	28.80	29.40	430	04/11/18	2018 London Swimming Regional Winter Champs	London	LR182146	2
100 Butterfly	1:05.13	1:06.30	394	04/11/18	2018 London Swimming Regional Winter Champs	London	LR182146	2
200 Butterfly	2:38.82	2:40.80	304	27/11/18	Greenwich Royals Club Championships 2018	London	LR181582	4
50 Backstroke	34.53	35.10	262	25/11/17	Black Lion L3 Winter Open Meet 2017	Medway Park	SE170467	3
100 Backstroke	1:20.47	1:21.50	216	16/09/17	Greenwich Boro Annual Swimming Champs	Eltham	LR171708	4
200 Individual Medley	2:32.58	2:35.10	370	25/11/17	Black Lion L3 Winter Open Meet 2017	Medway Park	SE170467	3
400 Individual Medley	5:33.50	5:38.70	349	26/06/18	Greenwich Royals Club Championships 2018	London	LR181577	4
100 Individual Medley	1:10.09	1:10.10	347	13/11/18	Greenwich Royals Club Championships 2018	London	LR181580	4