

Individual Best Times (All Time)

Emilie Ormerod - (1116095) - Lincoln Trident Swimming Academy

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.45	30.80	423	01/07/17	2nd Summer Spectacular Sprint Meet	Sheffield	EM170277	3
100 Freestyle	1:09.42	1:08.20	413	01/07/17	2nd Summer Spectacular Sprint Meet	Sheffield	EM170277	3
200 Freestyle	2:59.71	2:57.80	247	18/01/15	Rotherham Metro A & B Grade LC Meet	Sheffield	NE150075	3
50 Backstroke	35.45	34.90	434	01/07/17	2nd Summer Spectacular Sprint Meet	Sheffield	EM170277	3
100 Backstroke	1:18.11	1:17.10	395	22/10/17	Nova Centurion SC October Level 1 Open Meet	Nottingham	EM170475	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.80	31.50	412	04/02/17	Lincolnshire County Championships 2017	Louth	EM170027	2
100 Freestyle	1:06.90	1:08.10	423	30/04/16	South Lincs Tulip Meet 2016	Spalding	EM160420	3
200 Freestyle	2:27.73	2:30.10	416	21/01/17	Lincolnshire County Championships 2017	Grantham	EM170026	2
400 Freestyle	6:32.05	6:35.60	205	05/10/14	City of Lincoln Pentaqua Club Championships	Lincoln	EM4389	4
800 Freestyle	14:57.51	15:04.00	150	06/07/14	City of Lincoln Pentaqua Club Championships	Lincoln	EM4389	4
50 Breaststroke	48.28	48.90	202	08/05/16	City of Lincoln Pentaqua Club Championships	Yarborough	EM160785	4
100 Breaststroke	1:52.69	1:53.80	169	20/09/14	Rotherham Metro A&B Grade Meet	Sheffield	NE4307	3
50 Butterfly	36.95	37.50	287	08/07/17	City of Lincoln Pentaqua Club Champs	Lincoln	EM171749	4
100 Butterfly	1:28.15	1:29.00	230	09/07/16	City of Lincoln Pentaqua Club Championships	Yarborough	EM160786	4
50 Backstroke	34.39	35.00	395	21/01/17	Lincolnshire County Championships 2017	Grantham	EM170026	2
100 Backstroke	1:13.91	1:15.00	409	20/05/17	Tulip Open Meet 2017	Spalding	EM170547	3
200 Backstroke	2:42.35	2:44.40	393	22/10/16	Lincoln Vulcans L2 Short Course Open Meet	Sheffield	EM160423	2
100 Individual Medley	1:22.74	1:22.70	318	30/04/16	South Lincs Tulip Meet 2016	Spalding	EM160420	3