

Individual Best Times (All Time)

Katie Day - (1116093) - City of Linc Pentaqua SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.79	33.20	341	17/01/15	Rotherham Metro A & B Grade LC Meet	Sheffield	NE150075	3
100 Freestyle	1:13.67	1:12.50	345	18/01/15	Rotherham Metro A & B Grade LC Meet	Sheffield	NE150075	3
50 Breaststroke	44.10	43.40	289	18/01/15	Rotherham Metro A & B Grade LC Meet	Sheffield	NE150075	3
100 Breaststroke	1:37.14	1:35.80	287	17/01/15	Rotherham Metro A & B Grade LC Meet	Sheffield	NE150075	3
50 Butterfly	39.21	38.70	241	18/01/15	Rotherham Metro A & B Grade LC Meet	Sheffield	NE150075	3
50 Backstroke	41.82	41.30	264	17/01/15	Rotherham Metro A & B Grade LC Meet	Sheffield	NE150075	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.46	32.10	387	19/09/15	Rotherham Metro A & B Grade Short Course Meet	Sheffield	NE150502	3
100 Freestyle	1:07.16	1:08.40	418	18/07/15	Rotherham Metro A & B Grade Short Course Meet	Sheffield	NE150503	3
200 Freestyle	2:24.69	2:27.10	443	19/07/15	Rotherham Metro A & B Grade Short Course Meet	Sheffield	NE150503	3
400 Freestyle	5:10.75	5:15.20	412	04/10/15	CLP Club Championships 2015	Lincoln	EM151046	4
50 Breaststroke	40.76	41.50	337	21/03/15	Lincolnshire County ASA Swimming Championships	Louth	CC150041	2
100 Breaststroke	1:29.60	1:31.00	337	06/02/16	Lincolnshire County Championships 2016	Louth	EM160115	2
200 Breaststroke	3:10.58	3:13.30	352	28/06/15	Lincoln Vulcans Grantham L3 Open Meet	Grantham	EM150588	3
50 Butterfly	37.24	37.70	280	19/09/15	Rotherham Metro A & B Grade Short Course Meet	Sheffield	NE150502	3
100 Butterfly	1:32.72	1:33.50	198	28/11/15	CLP Club Championships 2105	Lincoln	EM151049	4
50 Backstroke	38.77	39.30	276	10/05/15	CLP Club Championships 2015	Lincoln	EM151043	4
200 Individual Medley	2:46.65	2:49.00	390	03/10/15	CLP Club Championships 2015	Lincoln	EM151047	4
100 Individual Medley	1:19.62	1:19.60	357	21/11/15	Louth Meridian Meet	Louth	EM151719	3