

Individual Best Times (All Time)

Lena Evans - (1115354) - Portsmouth Northsea SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.94	32.30	368	08/05/16	Portsmouth Northsea LC Sprint Meet 2016	Portsmouth	SE160454	3
100 Freestyle	1:12.22	1:11.10	367	08/05/16	Portsmouth Northsea LC Sprint Meet 2016	Portsmouth	SE160454	3
50 Backstroke	37.87	37.30	356	18/07/15	Portsmouth Northsea End of Season Meet	Portsmouth	SE150139	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.87	32.50	372	19/02/17	Fareham Nomads Valentines Meet 2017	Waterlooville	SE170385	3
100 Freestyle	1:09.07	1:10.30	385	19/02/17	Fareham Nomads Valentines Meet 2017	Waterlooville	SE170385	3
200 Freestyle	2:39.18	2:41.40	332	05/07/15	Guildford City Summer Festival	Guildford	SE150164	3
400 Freestyle	5:29.98	5:34.20	344	25/10/15	Portsmouth Northsea Halloween Meet 2015	Portsmouth	SE152089	3
50 Breaststroke	44.92	45.60	251	30/10/16	First Chance County Qualifier	Portsmouth	SE162339	3
200 Breaststroke	3:50.87	3:53.20	198	03/01/14	Portsmouth Northsea Level 4 Meet	Portsmouth	SE4259	4
50 Butterfly	36.35	36.90	301	19/03/17	17th City of Southampton Open Meet	Southampton	SE170104	3
50 Backstroke	37.66	38.20	301	25/09/15	Portsmouth Northsea Club Championships 2015	Portsmouth	SE151952	4
100 Backstroke	1:23.22	1:24.20	286	05/07/15	Guildford City Summer Festival	Guildford	SE150164	3
200 Backstroke	2:53.06	2:55.00	324	05/03/16	Portsmouth Northsea SC Level 4 Time Trials	Portsmouth	SE160326	4
200 Individual Medley	2:58.38	3:00.60	318	25/09/15	Portsmouth Northsea Club Championships 2015	Portsmouth	SE151952	4
100 Individual Medley	1:22.72	1:22.70	318	26/09/15	Portsmouth Northsea Club Championships 2015	Portsmouth	SE151952	4