

Individual Best Times (All Time)

Isabelle Williamson - (1113995) - Wigan SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.60	29.90	459	04/02/17	Lancashire County Championships	Manchester	NW170200	1
100 Freestyle	1:05.45	1:04.20	493	28/01/18	Lancs County WPSA Age Groups & Championships	Manchester	NW180031	1
200 Freestyle	2:29.48	2:27.10	430	17/04/16	Team Luton April Long Course Meet	Luton	ER160181	1
400 Freestyle	5:12.18	5:07.60	428	27/01/18	Lancs County WPSA Age Groups & Championships	Manchester	NW180031	1
50 Breaststroke	40.70	39.90	367	16/04/16	Team Luton April Long Course Meet	Luton	ER160181	1
50 Butterfly	30.27	29.60	525	25/01/20	Lancashire County Age Groups & County Champs	Manchester	NW200179	1
100 Butterfly	1:06.99	1:05.80	568	04/02/18	Lancs County WPSA Age Groups & Championships	Manchester	NW180032	1
200 Butterfly	2:36.87	2:34.80	468	03/02/18	Lancs County WPSA Age Groups & Championships	Manchester	NW180032	1
100 Backstroke	1:20.28	1:19.30	364	16/04/16	Team Luton April Long Course Meet	Luton	ER160181	1
200 Backstroke	3:04.24	3:02.40	298	04/01/15	BWFSC Level 1 Long Course Meet	London	LR150167	1
200 Individual Medley	2:36.94	2:34.40	518	27/01/18	Lancs County WPSA Age Groups & Championships	Manchester	NW180031	1
400 Individual Medley	5:40.67	5:35.50	475	20/01/18	Lancs County WPSA Age Groups & Championships	Wavertree	NW180030	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.98	30.70	447	19/11/17	Wigan BEST Future Stars Open Meet	Wigan	NW171049	2
100 Freestyle	1:04.27	1:05.60	477	19/11/17	Wigan BEST Future Stars Open Meet	Wigan	NW171049	2
200 Freestyle	2:20.76	2:23.20	481	03/12/17	PSC Christmas Countdown 2017 - L3 Open Meet	Darwen	NW172385	3
400 Freestyle	5:02.88	5:07.50	445	02/12/17	PSC Christmas Countdown 2017 - L3 Open Meet	Darwen	NW172385	3
800 Freestyle	10:56.87	11:05.60	383	07/01/18	Wigan Development Long Distance Meet	Wigan	NW180479	4
50 Breaststroke	39.43	40.20	372	12/03/16	Watford Regional Qualifier	Watford	ER160088	3
100 Breaststroke	1:30.37	1:31.80	328	19/11/16	Watford November 2016 County Qualifier	Garston	ER161261	3
200 Breaststroke	3:19.28	3:21.90	307	14/06/15	Barnet Cophthall Kate Lack Trophy Meet	Barnet	LR150812	3
50 Butterfly	30.16	30.80	528	19/10/19	Manchester International Meet 2019	Manchester	NW190443	2
100 Butterfly	1:07.01	1:08.10	524	01/03/20	Greater Manchester Age Group Meet 2020	Wigan	NW200026	3
200 Butterfly	2:32.29	2:34.40	484	18/11/17	Wigan BEST Future Stars Open Meet	Wigan	NW171049	2
50 Backstroke	34.82	35.40	381	27/11/16	Wigan BEST Future Stars Open Meet	Wigan	NW161516	2
100 Backstroke	1:15.16	1:16.20	389	12/03/16	Watford Regional Qualifier	Watford	ER160088	3
200 Backstroke	2:43.91	2:45.90	382	26/06/16	The Terry Davies Alternative Nationals 2016	Watford	ER160947	3
200 Individual Medley	2:36.59	2:39.10	471	17/11/18	Wigan BEST Future Stars Open Meet	Wigan	NW182020	2
400 Individual Medley	5:34.32	5:39.50	464	07/10/17	Great Manchester Autumn Meet 2017	Wigan	NW170836	3
100 Individual Medley	1:14.52	1:14.50	436	30/04/17	Blackpool Rocks 2017	Blackpool	NW170320	3