

# Individual Best Times (All Time)

Jessica Williamson - (1113994) - Wigan SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.73	28.00	554	27/05/18	2018 SENW Summer Championships	Manchester	NW180834	1
100 Freestyle	1:02.49	1:01.10	566	25/05/19	2019 SENW Summer Championships	Manchester	NW190234	1
200 Freestyle	2:21.10	2:18.60	511	04/02/18	Lancs County WPSA Age Groups & Championships	Manchester	NW180032	1
400 Freestyle	4:53.78	4:49.00	514	26/01/19	Lancs County WPSA Age Groups & Championships 2019	Manchester	NW190175	1
50 Breaststroke	38.34	37.50	439	07/04/18	City of Liverpool Spring Open Meet	Liverpool	NW180280	1
100 Breaststroke	1:25.17	1:23.70	426	27/01/18	Lancs County WPSA Age Groups & Championships	Manchester	NW180031	1
200 Breaststroke	3:15.16	3:12.40	350	28/01/17	Lancashire County Championships	Manchester	NW170199	1
50 Butterfly	31.30	30.70	475	28/01/18	Lancs County WPSA Age Groups & Championships	Manchester	NW180031	1
100 Butterfly	1:09.89	1:08.80	500	04/02/18	Lancs County WPSA Age Groups & Championships	Manchester	NW180032	1
200 Butterfly	2:56.95	2:55.20	326	29/01/17	Lancashire County Championships	Manchester	NW170199	1
50 Backstroke	35.86	35.30	420	05/02/17	Lancashire County Championships	Manchester	NW170200	1
100 Backstroke	1:15.68	1:14.60	434	29/01/17	Lancashire County Championships	Manchester	NW170199	1
200 Backstroke	2:46.36	2:44.30	405	28/01/17	Lancashire County Championships	Manchester	NW170199	1
200 Individual Medley	2:36.48	2:33.90	523	27/05/18	2018 SENW Summer Championships	Manchester	NW180834	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.64	29.40	513	04/11/18	Swim England NWR Winter Championships	Manchester	NW182574	2
100 Freestyle	1:02.23	1:03.60	526	17/11/19	Wigan BEST Future Stars Open Meet	Wigan Life Centre	NW192346	2
200 Freestyle	2:15.75	2:18.30	536	05/10/19	Greater Manchester Autumn Meet 2019	Wigan Life Centre	NW192374	3
400 Freestyle	4:50.75	4:55.50	503	18/11/18	Wigan BEST Future Stars Open Meet	Wigan	NW182020	2
800 Freestyle	10:47.13	10:56.00	401	07/01/18	Wigan Development Long Distance Meet	Wigan	NW180479	4
50 Breaststroke	37.56	38.40	430	06/10/19	Greater Manchester Autumn Meet 2019	Wigan Life Centre	NW192374	3
100 Breaststroke	1:24.15	1:25.60	406	18/11/17	Wigan BEST Future Stars Open Meet	Wigan	NW171049	2
200 Breaststroke	3:06.87	3:09.70	373	19/03/17	Greater Manchester Age Group Meet	Wigan	NW170113	3
50 Butterfly	31.57	32.20	460	04/03/17	Greater Manchester Age Group Meet	Wigan	NW170112	3
100 Butterfly	1:11.64	1:12.70	429	17/11/19	Wigan BEST Future Stars Open Meet	Wigan Life Centre	NW192346	2
200 Butterfly	2:59.08	3:00.80	297	26/06/16	The Terry Davies Alternative Nationals 2016	Watford	ER160947	3
50 Backstroke	34.79	35.40	382	19/11/17	Wigan BEST Future Stars Open Meet	Wigan	NW171049	2
100 Backstroke	1:15.52	1:16.60	383	26/11/16	Wigan BEST Future Stars Open Meet	Wigan	NW161516	2
200 Backstroke	2:50.22	2:52.20	341	13/03/16	Watford Regional Qualifier	Watford	ER160088	3
200 Individual Medley	2:35.19	2:37.70	484	17/11/18	Wigan BEST Future Stars Open Meet	Wigan	NW182020	2
400 Individual Medley	6:03.83	6:08.60	360	20/11/16	Watford November 2016 County Qualifier	Garston	ER161261	3
100 Individual Medley	1:14.32	1:14.30	439	30/09/18	Greater Manchester Autumn Meet 2018	Wigan Life Centre	NW181632	3