

# Individual Best Times (All Time)

Natalie Cribb - (1113494) - Romford Town SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.56	30.90	418	04/02/17	Essex Age Group Championships	London	ER170023	1
100 Freestyle	1:09.02	1:07.80	420	18/02/17	Essex Age Group Championships 2017	Basildon	ER170025	1
400 Freestyle	5:36.08	5:31.90	343	11/04/15	Killerwhales Mid Qualifying Meet	Basildon	LR150206	1
50 Backstroke	36.98	36.40	383	04/02/17	Essex Age Group Championships	London	ER170023	1
100 Backstroke	1:18.82	1:17.80	384	21/01/17	Essex Age Group Championships 2017	Basildon	ER170022	1
200 Backstroke	2:54.75	2:52.80	349	04/01/15	BWFSC Level 1 Long Course Meet	London	LR150167	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.07	32.70	365	01/10/16	Romford Town David Jacobs 6th Memorial Gala	Basildon	LR161038	3
100 Freestyle	1:08.68	1:09.90	391	01/10/16	Romford Town David Jacobs 6th Memorial Gala	Basildon	LR161038	3
200 Freestyle	2:28.00	2:30.30	414	20/11/16	Romford Town Inaugural Club Champs	Romford	LR162452	4
400 Freestyle	5:02.44	5:07.00	447	20/11/16	Romford Town Inaugural Club Champs	Romford	LR162452	4
50 Breaststroke	43.20	43.90	283	26/03/16	LBRSC Last Chance Regional Meet 2016	Fullwell Cross	LR160131	3
200 Breaststroke	3:25.75	3:28.30	279	29/03/15	Redbridge March Regional Qualifier	Fullwell Cross	LR150168	3
50 Butterfly	42.96	43.40	182	27/09/14	Romford Town SC 4th David Jacobs Memorial Gala	Thurrock	LR4973	3
100 Butterfly	1:27.77	1:28.60	233	26/03/16	LBRSC Last Chance Regional Meet 2016	Fullwell Cross	LR160131	3
50 Backstroke	35.96	36.50	346	01/10/16	Romford Town David Jacobs 6th Memorial Gala	Basildon	LR161038	3
100 Backstroke	1:17.06	1:18.10	361	01/10/16	Romford Town David Jacobs 6th Memorial Gala	Basildon	LR161038	3
200 Backstroke	2:48.81	2:50.80	349	17/01/15	Essex County Age Group Championships 2015	Basildon	CC150043	2
200 Individual Medley	2:46.47	2:48.80	392	20/11/16	Romford Town Inaugural Club Champs	Romford	LR162452	4
100 Individual Medley	1:28.61	1:28.60	259	27/09/14	Romford Town SC 4th David Jacobs Memorial Gala	Thurrock	LR4973	3