

Individual Best Times (All Time)

Ella Bray - (1112707) - Norwich Swan SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.55	31.90	381	19/05/18	Nova Centurion May Level 1 LC Open Meet	Nottingham	EM180093	1
100 Freestyle	1:07.15	1:05.90	456	04/03/18	UEA Norwich March Long Course Open Meet	Norwich	ER180025	3
200 Freestyle	2:24.24	2:21.80	478	26/01/19	Norfolk County Championships 2019	Norwich	ER191264	1
400 Freestyle	5:01.49	4:56.80	475	01/02/20	Norfolk County Championships 2019	Norwich	ER200474	1
800 Freestyle	10:16.08	10:06.60	487	18/01/20	Norfolk County Championships 2020	Norwich	ER200472	1
1500 Freestyle	19:47.62	19:30.10	465	20/01/19	Norfolk County Championships 2019	Norwich	ER190242	1
50 Butterfly	35.69	35.20	320	04/03/18	UEA Norwich March Long Course Open Meet	Norwich	ER180025	3
100 Butterfly	1:22.23	1:21.30	307	01/12/18	City of Sheffield Snow Frills Meet 2018	Sheffield	NE180165	3
200 Butterfly	2:56.67	2:54.90	327	01/12/18	City of Sheffield Snow Frills Meet 2018	Sheffield	NE180165	3
50 Backstroke	36.70	36.10	392	13/01/18	Norfolk County Championships 2018	Norwich	ER180289	1
100 Backstroke	1:15.36	1:14.30	440	25/01/20	Norfolk County Championships 2020	Norwich	ER200473	1
200 Backstroke	2:38.36	2:36.20	470	01/02/20	Norfolk County Championships 2019	Norwich	ER200474	1
200 Individual Medley	2:39.68	2:37.20	492	25/01/20	Norfolk County Championships 2020	Norwich	ER200473	1
400 Individual Medley	5:41.81	5:36.60	470	26/01/20	Norfolk County Championships 2020	Norwich	ER200473	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.06	31.70	402	14/07/18	Norwich Swan Club Championships 2018	Wymondham LC	ER181470	4
100 Freestyle	1:06.93	1:08.20	423	21/07/18	Norwich Swan Club Championships 2018	Wymondham LC	ER181467	4
200 Freestyle	2:19.62	2:22.10	493	07/12/19	Great Yarmouth Winter Wipeout 2019	Norwich	ER192703	3
400 Freestyle	4:51.09	4:55.90	501	03/07/18	Norwich Swan Club Championships 2018	Wymondham LC	ER181468	4
800 Freestyle	9:55.75	10:05.40	514	10/07/18	Norwich Swan Club Championships 2018	Wymondham LC	ER181470	4
1500 Freestyle	18:49.43	19:07.60	520	07/07/18	Norwich Swan Club Championships 2018	Wymondham LC	ER181469	4
50 Breaststroke	49.79	50.40	184	18/01/15	UEA City of Norwich January Resolution Meet	Norwich	ER150082	3
100 Breaststroke	1:29.14	1:30.50	342	15/06/19	Norwich Swan Club Championships	Wymondham	ER192105	4
200 Breaststroke	3:50.20	3:52.50	199	29/06/14	Norfolk County Challenge Gala 2014	Dereham	ER4581	3
50 Butterfly	35.04	35.60	336	21/07/18	Norwich Swan Club Championships 2018	Wymondham LC	ER181467	4
100 Butterfly	1:19.34	1:20.30	316	15/07/18	Norwich Swan Club Championships 2018	Wymondham LC	ER181470	4
200 Butterfly	2:56.88	2:58.70	309	15/07/18	Norwich Swan Club Championships 2018	Wymondham LC	ER181470	4
50 Backstroke	34.83	35.40	380	15/07/18	Norwich Swan Club Championships 2018	Wymondham LC	ER181470	4
100 Backstroke	1:13.57	1:14.70	415	25/03/18	City of Cambridge Spring Open	Cambridge	ER180509	3
200 Backstroke	2:31.12	2:33.30	487	28/09/19	Cambridge Grand Prix Regional & National Qualifier	Cambridge	ER190459	2
200 Individual Medley	2:39.35	2:41.80	447	29/06/19	Norwich Swan Club Championships	Wymondham	ER192108	4
400 Individual Medley	5:33.32	5:38.60	468	16/07/19	Norwich Swan Club Championships	Wymondham	ER192112	4
100 Individual Medley	1:38.43	1:38.40	189	19/07/14	Norwich Swan SC Club Championships	Wymondham	ER4748	4