

# Individual Best Times (All Time)

Alicia Young - (1112700) - Norwich Swan SC

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	37.35	37.90	231	12/07/14	Norwich Swan SC Club Championships	Wymondham	ER4746	4
100 Freestyle	1:21.57	1:22.60	233	05/07/14	Norwich Swan SC Club Championships	Wymondham	ER4744	4
200 Freestyle	2:57.27	2:59.20	240	19/07/14	Norwich Swan SC Club Championships	Wymondham	ER4748	4
400 Freestyle	6:19.77	6:23.50	225	16/07/14	Norwich Swan SC Club Championships	Wymondham	ER4747	4
50 Breaststroke	49.30	49.90	190	12/07/14	Norwich Swan SC Club Championships	Wymondham	ER4746	4
50 Butterfly	44.44	44.90	165	12/07/14	Norwich Swan SC Club Championships	Wymondham	ER4746	4
50 Backstroke	45.14	45.60	175	12/07/14	Norwich Swan SC Club Championships	Wymondham	ER4746	4
100 Backstroke	1:39.85	1:40.70	166	19/07/14	Norwich Swan SC Club Championships	Wymondham	ER4748	4
200 Backstroke	3:28.85	3:30.40	184	05/07/14	Norwich Swan SC Club Championships	Wymondham	ER4744	4
100 Individual Medley	1:34.02	1:34.00	217	19/07/14	Norwich Swan SC Club Championships	Wymondham	ER4748	4