

Individual Best Times (All Time)

Matthew Ahmed - (1111589) - Soundwell SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
200 Freestyle	3:17.18	3:15.40	138	13/07/19	City of Bristol LC L3 Summer Festival Meet	Hengrove LC	SW191995	3
50 Breaststroke	57.63	57.10	91	15/07/18	City of Bristol Summer Festival	Hengrove LC	SW181401	3
100 Breaststroke	2:02.15	2:01.10	100	15/07/18	City of Bristol Summer Festival	Hengrove LC	SW181401	3
50 Backstroke	46.94	46.50	126	13/07/19	City of Bristol LC L3 Summer Festival Meet	Hengrove LC	SW191995	3
100 Backstroke	1:38.29	1:37.50	144	13/07/19	City of Bristol LC L3 Summer Festival Meet	Hengrove LC	SW191995	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	40.96	41.50	119	01/06/19	Sevenside Tritons June Level Three Open Meet	Hutton Moor	SW191263	3
100 Freestyle	1:55.76	1:56.50	58	02/12/17	Soundwell County Qualifier Open Meet 2017	Gloucester	SW171514	3
50 Breaststroke	48.83	49.50	133	02/06/19	Sevenside Tritons June Level Three Open Meet	Hutton Moor	SW191263	3
100 Breaststroke	1:47.94	1:49.10	134	01/06/19	Sevenside Tritons June Level Three Open Meet	Hutton Moor	SW191263	3
200 Breaststroke	3:51.77	3:54.00	139	01/06/19	Sevenside Tritons June Level Three Open Meet	Hutton Moor	SW191263	3
50 Butterfly	46.62	47.00	101	01/06/19	Sevenside Tritons June Level Three Open Meet	Hutton Moor	SW191263	3
100 Butterfly	1:43.45	1:44.20	98	02/06/19	Sevenside Tritons June Level Three Open Meet	Hutton Moor	SW191263	3
50 Backstroke	57.07	57.40	58	02/12/17	Soundwell County Qualifier Open Meet 2017	Gloucester	SW171514	3
200 Individual Medley	4:03.61	4:05.20	91	21/04/18	Yeovil & District Spring Fling 2018 Open Meet	Millfield	SW180117	3
100 Individual Medley	1:35.91	1:35.90	135	02/06/19	Sevenside Tritons June Level Three Open Meet	Hutton Moor	SW191263	3