

Individual Best Times (All Time)

Ella-Maria Pfander - (1111373) - Brompton SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.37	36.00	272	14/03/15	MCASA Spring Development Meet	Enfield	LR150434	3
100 Freestyle	1:20.97	1:22.00	239	05/10/14	Middlesex Winter Development Meet	Southbury	LR14036	3
200 Freestyle	3:10.90	3:12.70	192	19/01/14	Staines Black Swan County Qualifier 2014	Elmbridge	SE4010	3
50 Breaststroke	48.47	49.10	200	22/06/14	Brompton SC Summer Sprints Champs 2014	Fulham	LR4850	4
100 Breaststroke	1:48.07	1:49.20	192	21/06/15	Brompton Summer Sprints Champs 2015	London	LR151344	4
200 Breaststroke	3:57.94	4:00.20	180	23/11/14	Brompton Winter Club Championships	Fulham	LR14643	4
50 Butterfly	41.81	42.30	198	21/06/15	Brompton Summer Sprints Champs 2015	London	LR151344	4
50 Backstroke	42.21	42.70	214	05/10/14	Middlesex Winter Development Meet	Southbury	LR14036	3
100 Backstroke	1:32.13	1:33.00	211	22/06/14	Brompton SC Summer Sprints Champs 2014	Fulham	LR4850	4
200 Backstroke	3:50.35	3:51.80	137	30/11/13	Brompton Mid Distance Championships	Fulham	LR31017	4
200 Individual Medley	3:28.60	3:30.50	199	23/11/14	Brompton Winter Club Championships	Fulham	LR14643	4
100 Individual Medley	1:31.81	1:31.80	233	22/06/14	Brompton SC Summer Sprints Champs 2014	Fulham	LR4850	4