

Individual Best Times (All Time)

Alexandra Bibby - (1111340) - Epping Forest Dist SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.36	28.60	520	03/02/18	Essex Age Group Championships 2018	London	ER180155	1
100 Freestyle	1:03.39	1:02.10	542	17/02/18	Essex Age Group Championships 2018	Basildon	ER180157	1
200 Freestyle	2:26.68	2:24.30	455	24/01/16	Essex Age Group Championships 2016	Basildon	ER160002	1
50 Breaststroke	39.40	38.60	405	04/02/17	Essex Age Group Championships	London	ER170023	1
100 Breaststroke	1:40.00	1:38.70	263	20/04/14	Basildon & Phoenix Easter Long Course Meet	Basildon	ER4044	1
50 Butterfly	37.40	36.90	278	03/01/16	BWFSC New Year Meet 2016	London	LR160191	3
100 Backstroke	1:23.24	1:22.30	326	03/01/16	BWFSC New Year Meet 2016	London	LR160191	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.79	29.50	505	11/06/17	Epping Forest Three Trees Gala (club only)	Loughton	ER171107	4
100 Freestyle	1:03.83	1:05.10	487	10/10/17	Epping Forest Internal Club Champs	Loughton	ER172206	4
200 Freestyle	2:20.88	2:23.30	480	04/12/16	Epping Forest District Yuletide Gala 2016	Loughton	ER161713	3
400 Freestyle	5:06.95	5:11.50	427	28/11/15	Harlow Penguins 4th Winter Open Meet	Harlow	ER152073	3
800 Freestyle	10:31.26	10:40.40	432	07/12/16	Epping Forest Club Championships	Loughton	ER161341	4
50 Breaststroke	38.37	39.20	404	20/05/17	Cheshunt 50th Anniversary Open Meet	Harlow	ER170914	3
100 Breaststroke	1:29.45	1:30.90	338	26/11/17	Epping Forest Internal Club Champs	Loughton	ER172207	4
200 Breaststroke	3:10.80	3:13.60	350	11/12/16	Epping Forest Club Championships	Loughton	ER161339	4
50 Butterfly	35.23	35.80	331	08/07/18	Epping Forest Internal Club Champs 2018	Loughton	ER181654	4
100 Butterfly	1:29.19	1:30.00	222	08/11/15	Epping Forest District SC 2015 Club Championships	Loughton	ER151118	4
50 Backstroke	38.06	38.60	291	19/06/16	Epping Forest Club Championships	Loughton	ER161332	4
100 Backstroke	1:19.45	1:20.50	329	11/12/16	Epping Forest Club Championships	Loughton	ER161339	4
200 Backstroke	2:49.29	2:51.30	346	30/11/16	Epping Forest Club Championships	Loughton	ER161340	4
200 Individual Medley	2:53.04	2:55.30	349	12/06/16	Epping Forest Club Championships	Loughton	ER161332	4
400 Individual Medley	6:01.66	6:06.50	367	02/12/15	Epping Forest District Club Championships	Loughton	ER151121	4
100 Individual Medley	1:15.30	1:15.30	422	20/05/17	Cheshunt 50th Anniversary Open Meet	Harlow	ER170914	3