

Individual Best Times (All Time)

Ella Spencer - (1111021) - Lytham St Annes SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	43.39	42.90	161	12/07/14	City of Manchester Summer Non Qualifier Meet	Manchester	NW4426	3
50 Breaststroke	59.16	58.60	119	12/07/14	City of Manchester Summer Non Qualifier Meet	Manchester	NW4426	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	42.23	42.70	160	25/05/14	Blackpool Rocks Level 3 Open Meet	Blackpool	NW4243	3
50 Breaststroke	57.54	58.10	119	21/09/13	Blackpool "Lights" Level 3 Development Meet	Blackpool	NW3230	3
100 Breaststroke	2:00.89	2:01.90	137	07/12/14	Blackpool Club Champs	Blackpool	NW14649	4
200 Breaststroke	4:07.47	4:09.60	160	07/12/14	Blackpool Club Champs	Blackpool	NW14649	4
100 Butterfly	2:04.10	2:04.70	82	07/12/14	Blackpool Club Champs	Blackpool	NW14649	4
50 Backstroke	58.58	58.90	80	24/11/13	Blackpool Aquatics Club Championships	Blackpool	NW3902	4
100 Backstroke	1:49.26	1:50.00	126	07/12/14	Blackpool Club Champs	Blackpool	NW14649	4
200 Individual Medley	3:57.28	3:58.90	135	07/12/14	Blackpool Club Champs	Blackpool	NW14649	4
100 Individual Medley	1:53.65	1:53.70	122	24/11/13	Blackpool Aquatics Club Championships	Blackpool	NW3902	4