

Individual Best Times (All Time)

Amelia Reynolds - (1110806) - Poole SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.18	30.50	434	06/04/19	City of Wells Open Meet 2019	Millfield School	SW190108	3
100 Freestyle	1:07.41	1:06.20	451	19/03/17	Millfield School Super Series (LC)	Millfield	SW170052	1
200 Freestyle	2:20.30	2:17.80	520	12/05/18	ASA SWR Summer Championships	Bristol	SW180513	1
400 Freestyle	5:08.62	5:04.00	443	06/04/19	City of Wells Open Meet 2019	Millfield School	SW190108	3
800 Freestyle	10:27.45	10:18.20	461	30/03/18	Beckenham SC 125th Anniversary International Open	London	LR180255	1
50 Butterfly	34.46	33.90	356	12/05/18	ASA SWR Summer Championships	Bristol	SW180513	1
100 Butterfly	1:14.95	1:13.90	405	01/04/18	Beckenham SC 125th Anniversary International Open	London	LR180255	1
200 Butterfly	2:47.81	2:45.90	382	20/05/18	ASA SWR Summer Championships	Millfield	SW180514	1
50 Backstroke	36.84	36.30	387	15/04/17	Exeter City SC & Taunton Deane SC	Street	SW170472	1
100 Backstroke	1:21.79	1:20.80	344	18/03/17	Millfield School Super Series (LC)	Millfield	SW170052	1
200 Backstroke	3:00.65	2:58.80	316	26/04/15	Millfield & Taunton Super Series (LC)	Millfield	SW150217	1
200 Individual Medley	2:55.92	2:53.70	368	07/01/17	UBSC New Year L1 Open Meet	Bristol	SW170243	1
400 Individual Medley	6:06.02	6:01.20	383	22/05/16	ASA SWR Summer Championships	Millfield	SW160537	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.69	30.40	460	16/02/19	Dorset 2019 Integrated Champs and Age Group Comp	Bournemouth	SW190089	2
100 Freestyle	1:03.99	1:05.30	484	16/02/19	Dorset 2019 Integrated Champs and Age Group Comp	Bournemouth	SW190089	2
200 Freestyle	2:17.74	2:20.20	513	03/02/19	Dorset 2019 Integrated Champs and Age Group Comp	Bournemouth	SW190087	2
400 Freestyle	4:51.56	4:56.30	499	18/02/18	Dorset County ASA Champs & Age Group Competition	Littledown	SW180099	2
800 Freestyle	10:16.31	10:25.60	464	11/02/18	Dorset County ASA Champs & Age Group Competition	Dorchester	SW180098	2
50 Breaststroke	41.10	41.90	328	02/02/19	Dorset 2019 Integrated Champs and Age Group Comp	Bournemouth	SW190087	2
100 Breaststroke	1:28.77	1:30.20	346	02/02/19	Dorset 2019 Integrated Champs and Age Group Comp	Bournemouth	SW190087	2
200 Breaststroke	3:05.50	3:08.30	381	17/02/19	Dorset 2019 Integrated Champs and Age Group Comp	Bournemouth	SW190089	2
50 Butterfly	33.50	34.10	385	04/02/18	Dorset County ASA Champs & Age Group Competition	Littledown	SW180097	2
100 Butterfly	1:13.24	1:14.30	401	17/02/19	Dorset 2019 Integrated Champs and Age Group Comp	Bournemouth	SW190089	2
200 Butterfly	2:40.29	2:42.30	415	17/03/19	Poole Swimming Club Regional Qualifier 2019	Dorchester	SW190509	3
50 Backstroke	34.92	35.50	378	16/02/19	Dorset 2019 Integrated Champs and Age Group Comp	Bournemouth	SW190089	2
100 Backstroke	1:15.12	1:16.20	390	17/03/19	Poole Swimming Club Regional Qualifier 2019	Dorchester	SW190509	3
200 Backstroke	2:40.93	2:43.00	403	02/02/19	Dorset 2019 Integrated Champs and Age Group Comp	Bournemouth	SW190087	2
200 Individual Medley	2:38.61	2:41.10	453	16/02/19	Dorset 2019 Integrated Champs and Age Group Comp	Bournemouth	SW190089	2
400 Individual Medley	5:40.53	5:45.70	439	15/12/18	Yeovil Xmas Open Meet 2018	Somerset	SW180483	3
100 Individual Medley	1:14.45	1:14.50	437	03/02/19	Dorset 2019 Integrated Champs and Age Group Comp	Bournemouth	SW190087	2