

# Individual Best Times (All Time)

Lauren Mcrobbie - (1109648) - West Dorset SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.24	26.50	651	06/08/22	Swim England National Summer Meet 2022	Sheffield	ENG024	1
100 Freestyle	1:00.38	59.00	628	15/04/22	Portsmouth Northsea SC Easter Meet 2022	Mountbatten Cen	SE220162	1
200 Freestyle	2:20.79	2:18.30	514	18/03/17	Millfield School Super Series (LC)	Millfield	SW170052	1
50 Breaststroke	41.87	41.10	337	29/10/16	City of Bristol L3 Long Course Early Bird Open	Bristol	SW160659	3
50 Butterfly	29.26	28.60	582	12/03/22	Plymouth Leander Early Spring National Qualifier	Plymouth	SW220266	1
100 Butterfly	1:06.38	1:05.20	583	02/04/22	City of Bristol L1 International Open Meet	Hengrove	SW220210	1
50 Backstroke	31.51	30.90	619	13/03/22	Plymouth Leander Early Spring National Qualifier	Plymouth	SW220266	1
100 Backstroke	1:10.52	1:09.40	537	25/07/21	South West British Summer Festival	Millfield	SW210159	1
200 Backstroke	2:36.21	2:34.10	489	14/05/17	ASA SWR Summer Championships	Bristol	SW170195	1
200 Individual Medley	2:40.76	2:38.30	482	13/05/17	ASA SWR Summer Championships	Bristol	SW170195	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.97	27.70	614	04/12/21	Swim England National Winter Championships (25m)	Sheffield	ENG020	2
100 Freestyle	58.64	1:00.00	629	29/01/22	Dorset County 2022 Championships & Age Group Comp	Littledown	SW220098	2
200 Freestyle	2:12.85	2:15.40	572	03/02/19	Dorset 2019 Integrated Champs and Age Group Comp	Bournemouth	SW190087	2
400 Freestyle	4:50.22	4:55.00	506	28/10/17	Poole Season Starter 2017	Dorchester	SW170321	3
50 Breaststroke	37.31	38.10	439	13/12/20	West Dorset	1610 Dorchester	LEX957	0
50 Butterfly	29.00	29.60	594	16/01/22	Dorset County 2022 Championships & Age Group Comp	Littledown	SW220096	2
100 Butterfly	1:04.43	1:05.60	590	04/12/21	Swim England National Winter Championships (25m)	Sheffield	ENG020	2
50 Backstroke	30.24	30.90	582	03/12/21	Swim England National Winter Championships (25m)	Sheffield	ENG020	2
100 Backstroke	1:05.32	1:06.50	593	30/01/22	Dorset County 2022 Championships & Age Group Comp	Littledown	SW220098	2
200 Backstroke	2:24.24	2:26.50	560	18/01/20	Dorset 2020 Integrated Champs and Age Group Comp	Littledown	SW200143	2
200 Individual Medley	2:38.46	2:40.90	454	18/02/17	Dorset County Champs & Age Groups	Bournemouth	SW170160	2
100 Individual Medley	1:07.05	1:07.10	598	04/12/21	Swim England National Winter Championships (25m)	Sheffield	ENG020	2