

Individual Best Times (All Time)

Tiffany Hayes - (1109468) - Anaconda SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	37.50	38.10	228	26/10/13	Enfield Swim Squad Autumn Open Meet	Enfield	LR3715	3
100 Freestyle	1:25.53	1:26.50	202	26/10/13	Enfield Swim Squad Autumn Open Meet	Enfield	LR3715	3
200 Freestyle	3:01.78	3:03.70	223	06/12/13	Hackney & Islington Winter Championships	Hackney	LR31004	4
50 Breaststroke	47.53	48.20	212	17/11/13	Middlesex ASA Winter Development Meet	Enfield	LR3964	3
100 Breaststroke	1:47.41	1:48.60	195	15/06/13	Hackney & Islington Summer Championships	Hackney	LR3584	4
200 Breaststroke	3:42.02	3:44.40	222	07/12/13	Hackney & Islington Winter Championships	Hackney	LR31004	4
50 Butterfly	45.65	46.10	152	12/05/13	Barnet Cophall SC Kate Lack Trophy Meet	Hendon	LR3365	3
100 Butterfly	1:49.56	1:50.30	120	14/06/13	Hackney & Islington Summer Championships	Hackney	LR3584	4
200 Butterfly	3:58.66	4:00.00	125	06/12/13	Hackney & Islington Winter Championships	Hackney	LR31004	4
50 Backstroke	45.44	45.90	171	12/05/13	Barnet Cophall SC Kate Lack Trophy Meet	Hendon	LR3365	3
100 Backstroke	1:30.91	1:31.80	220	26/10/13	Enfield Swim Squad Autumn Open Meet	Enfield	LR3715	3
200 Backstroke	3:12.43	3:14.20	236	07/12/13	Hackney & Islington Winter Championships	Hackney	LR31004	4
100 Individual Medley	1:37.11	1:37.10	197	17/11/13	Middlesex ASA Winter Development Meet	Enfield	LR3964	3