

Individual Best Times (All Time)

Harry Allen - (1108660) - Southwold Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.20	33.60	228	19/01/20	Gloucester County Championships	Hengrove, Bristol	SW200241	1
200 Freestyle	2:41.79	2:39.60	250	18/01/20	Gloucester County Championships	Hengrove, Bristol	SW200241	1
50 Breaststroke	47.20	46.50	166	19/01/20	Gloucester County Championships	Hengrove, Bristol	SW200241	1
50 Butterfly	45.55	45.10	116	06/01/19	UOB & Bristol Henleaze New Year Open Meet	Hengrove Park	SW190192	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.87	34.50	210	25/05/19	Southwold Annual May Open Meet 2019	Gloucester	SW190143	3
100 Freestyle	1:14.88	1:16.00	214	26/05/19	Southwold Annual May Open Meet 2019	Gloucester	SW190143	3
200 Freestyle	2:33.06	2:35.30	273	14/11/21	Southwold SC Club Championships	Yate LC	SW211087	4
400 Freestyle	5:23.69	5:28.00	281	08/12/21	Southwold SC Club Championships	Yate LC	SW211090	4
800 Freestyle	11:06.20	11:14.80	294	22/02/20	Gloucester County Championships	Gloucester	SW200244	2
50 Breaststroke	41.06	41.80	224	14/11/21	Southwold SC Club Championships	Yate LC	SW211087	4
100 Breaststroke	1:27.81	1:29.20	249	08/12/21	Southwold SC Club Championships	Yate LC	SW211090	4
200 Breaststroke	3:07.00	3:09.80	265	23/11/21	Southwold SC Club Championships	Yate LC	SW211089	4
50 Butterfly	44.00	44.40	120	26/05/19	Southwold Annual May Open Meet 2019	Gloucester	SW190143	3
100 Butterfly	1:42.10	1:42.80	102	26/05/19	Southwold Annual May Open Meet 2019	Gloucester	SW190143	3
50 Backstroke	41.86	42.30	147	26/05/19	Southwold Annual May Open Meet 2019	Gloucester	SW190143	3
100 Backstroke	1:25.98	1:26.90	177	01/12/19	County Qualifier Level 3 Open Meet 2019	Gloucester	SW191631	3
200 Backstroke	2:53.44	2:55.40	225	08/12/21	Southwold SC Club Championships	Yate LC	SW211090	4
200 Individual Medley	3:01.63	3:03.80	219	01/12/19	County Qualifier Level 3 Open Meet 2019	Gloucester	SW191631	3
100 Individual Medley	1:25.73	1:25.70	189	23/01/20	Gloucester County Championships	Gloucester	SW200243	2