

Individual Best Times (All Time)

Rupert Guiel - (1108387) - Arun Tridents SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.96	30.60	304	06/07/16	Littlehampton Club Championships	Littlehampton	SE161216	4
100 Freestyle	1:13.26	1:14.40	229	01/12/14	Littlehampton Club Championships 2014	Bognor Regis	SE14478	4
200 Freestyle	2:38.21	2:40.40	247	11/07/15	Littlehampton Club Championships 2015	Bognor Regis	SE151313	4
1500 Freestyle	21:40.61	21:56.40	276	19/12/16	Littlehampton Distance Club Champs	Littlehampton	SE162513	4
50 Breaststroke	41.24	42.00	221	11/07/15	Littlehampton Club Championships 2015	Bognor Regis	SE151313	4
100 Breaststroke	1:27.22	1:28.70	254	06/07/16	Littlehampton Club Championships	Littlehampton	SE161216	4
50 Butterfly	37.29	37.80	198	24/05/15	The Vanessa Knight Memorial Open Meet	Felpham	SE150829	3
50 Backstroke	40.80	41.30	159	24/05/15	The Vanessa Knight Memorial Open Meet	Felpham	SE150829	3
200 Individual Medley	3:03.06	3:05.20	214	01/12/14	Littlehampton Club Championships 2014	Bognor Regis	SE14478	4
100 Individual Medley	1:23.05	1:23.10	208	11/07/15	Littlehampton Club Championships 2015	Bognor Regis	SE151313	4