

# Individual Best Times (All Time)

Daisy Sandon - (1107606) - Stevenage SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.35	29.70	470	16/04/17	Team Luton April Long Course Meet 2017	Luton	ER170348	1
100 Freestyle	1:05.05	1:03.80	502	29/06/19	Bishops Stortford Long Course Open Meet	Luton	ER190059	3
200 Freestyle	2:20.72	2:18.20	515	21/04/19	Team Luton April Open Meet	Luton	ER190182	1
50 Breaststroke	45.35	44.60	265	01/07/17	Bishops Stortford End of Season LC Open Meet	Luton	ER170873	3
50 Butterfly	31.42	30.80	470	05/05/19	Swim England East Region Long Course Champs	Inspire Luton	ER190178	1
100 Butterfly	1:09.77	1:08.70	502	06/05/18	East Swimming Long Course Championships 2018	Norwich	ER180213	1
200 Butterfly	2:36.74	2:34.70	469	05/05/18	East Swimming Long Course Championships 2018	Norwich	ER180213	1
50 Backstroke	36.17	35.60	409	29/06/19	Bishops Stortford Long Course Open Meet	Luton	ER190059	3
200 Individual Medley	2:40.37	2:37.90	486	29/06/19	Bishops Stortford Long Course Open Meet	Luton	ER190059	3
400 Individual Medley	5:39.30	5:34.10	481	15/04/17	Team Luton April Long Course Meet 2017	Luton	ER170348	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.30	30.00	479	17/11/19	Watford November 2019 County Qualifier	Garston	ER192687	3
100 Freestyle	1:03.31	1:04.60	500	02/12/18	City Of St Albans Open Meet Winter 2018	St Albans	ER182062	3
200 Freestyle	2:17.93	2:20.40	511	27/01/18	Hertfordshire County Championships	Borehamwood	ER180357	2
400 Freestyle	4:53.61	4:58.40	488	01/12/18	City Of St Albans Open Meet Winter 2018	St Albans	ER182062	3
800 Freestyle	10:20.13	10:29.40	456	30/11/18	Stevenage Long Distance Freestyle Club Champs	Stevenage	ER181602	4
1500 Freestyle	19:50.12	20:07.30	444	01/12/17	Stevenage Long Distance Club Championships	Stevenage	ER171399	4
50 Breaststroke	40.21	41.00	351	15/06/19	Stevenage Summer Sprint 2019	Stevenage	ER190364	3
100 Breaststroke	1:28.27	1:29.70	352	04/03/18	Watford Regional Qualifier	Watford	ER180443	3
200 Breaststroke	3:16.98	3:19.60	318	02/10/16	Hatfield Early Season Gala	Hatfield	ER161914	3
50 Butterfly	30.79	31.40	496	02/12/18	City Of St Albans Open Meet Winter 2018	St Albans	ER182062	3
100 Butterfly	1:08.84	1:09.90	484	11/11/17	NASL - London Rounds 2017 - Division 1 & 2	Watford	ER172126	3
200 Butterfly	2:32.05	2:34.10	486	22/07/18	Putteridge L2 Inaugural Alternative Nationals	Luton	ER180378	2
50 Backstroke	34.22	34.80	401	27/01/18	Hertfordshire County Championships	Borehamwood	ER180357	2
100 Backstroke	1:12.88	1:14.00	427	20/01/18	Hertfordshire County Championships	Borehamwood	ER180356	2
200 Backstroke	2:36.99	2:39.10	434	29/10/18	Stevenage Club Championships 2018	Stevenage	ER181606	4
200 Individual Medley	2:34.15	2:36.70	494	15/10/17	Stevenage Club Championships	Stevenage	ER171396	4
400 Individual Medley	5:19.36	5:24.80	533	03/02/18	Hertfordshire County Championships 2018	Borehamwood	ER180358	2
100 Individual Medley	1:11.68	1:11.70	489	16/11/19	Watford November 2019 County Qualifier	Garston	ER192687	3