

# Individual Best Times (All Time)

Lucy Hopkins - (1106652) - Windsor SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.24	29.50	475	07/12/19	Windsor SC Long Course L3 Open Meet	Aldershot	SE193115	3
100 Freestyle	1:06.50	1:05.20	470	12/01/20	BSBASA County Championships	Wycombe	SE200053	1
200 Freestyle	2:24.84	2:22.40	472	07/12/19	Windsor SC Long Course L3 Open Meet	Aldershot	SE193115	3
400 Freestyle	5:11.66	5:07.10	430	26/01/19	Berkshire & S Buckinghamshire County Champs 2019	Wycombe	SE190016	1
800 Freestyle	10:24.17	10:14.80	468	14/03/20	2020 Wycombe Long Course Premier Meet	Wycombe	SE200376	1
1500 Freestyle	19:37.59	19:19.90	477	26/01/20	BSBASA County Championships	Wycombe	SE200054	1
50 Breaststroke	39.41	38.60	405	13/01/19	Berkshire & S Buckinghamshire County Champs 2019	Wycombe	SE190015	1
100 Breaststroke	1:30.41	1:29.00	356	28/01/18	Berks & Sth Bucks County Championships	Wycombe	SE180130	1
200 Breaststroke	3:18.33	3:15.60	333	27/01/18	Berks & Sth Bucks County Championships	Wycombe	SE180130	1
50 Butterfly	34.87	34.30	343	07/04/19	Bracknell Wokingham Spring Level 3 Open Meet	Aldershot	SE190316	3
100 Butterfly	1:17.49	1:16.50	367	06/04/19	Bracknell Wokingham Spring Level 3 Open Meet	Aldershot	SE190316	3
200 Butterfly	3:15.85	3:14.20	240	08/04/17	Crawley Spring LC Level 1 Meet	Crawley	SE170006	1
50 Backstroke	35.98	35.40	416	26/01/20	BSBASA County Championships	Wycombe	SE200054	1
100 Backstroke	1:20.02	1:19.00	367	08/04/17	Crawley Spring LC Level 1 Meet	Crawley	SE170006	1
200 Backstroke	2:55.68	2:53.80	344	14/01/18	Berks & Sth Bucks County Championships	Wycombe	SE180129	1
200 Individual Medley	2:46.81	2:44.40	432	26/01/20	BSBASA County Championships	Wycombe	SE200054	1
400 Individual Medley	6:23.11	6:18.50	334	09/04/17	Crawley Spring LC Level 1 Meet	Crawley	SE170006	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.80	30.50	455	02/11/20	Windsor	Eton College	LEX277	0
100 Freestyle	1:05.37	1:06.60	454	22/09/19	Windsor 2019 Club Championships	Maidenhead	SE191372	4
200 Freestyle	2:18.62	2:21.10	503	19/09/19	Windsor 2019 Club Championships	Windsor	SE191371	4
400 Freestyle	5:02.70	5:07.30	446	20/06/19	Windsor 2019 Club Championships	Windsor	SE191367	4
800 Freestyle	9:52.09	10:01.80	524	10/11/19	Windsor Winter National Distance Qualifier	Fleet	SE192459	2
1500 Freestyle	19:30.12	19:47.60	467	15/09/19	Windsor 2019 Club Championships	Maidenhead	SE191370	4
50 Breaststroke	38.25	39.10	408	26/05/21	Windsor	Eaton College	LEX1325	0
100 Breaststroke	1:25.41	1:26.90	389	10/11/18	National Arena Swimming League South Round 2	Maidenhead	SE182657	3
200 Breaststroke	3:07.51	3:10.30	369	19/05/19	Windsor Level 3 May Open Meet	Maidenhead	SE191374	3
50 Butterfly	33.34	33.90	391	01/06/21	Windsor	Eton College	LEX1412	0
100 Butterfly	1:13.31	1:14.30	400	26/05/21	Windsor	Eaton College	LEX1325	0
200 Butterfly	2:46.96	2:48.80	367	05/07/21	Windsor	Eton College	LEX2952	0
50 Backstroke	34.11	34.70	405	02/12/18	Windsor SC Level 3 December Open Meet	Maidenhead	SE182731	3
100 Backstroke	1:16.75	1:17.80	365	01/12/18	Windsor SC Level 3 December Open Meet	Maidenhead	SE182731	3
200 Backstroke	2:41.62	2:43.70	398	22/09/19	Windsor 2019 Club Championships	Maidenhead	SE191372	4
200 Individual Medley	2:42.31	2:44.70	423	19/09/19	Windsor 2019 Club Championships	Windsor	SE191371	4
400 Individual Medley	5:47.39	5:52.40	414	27/06/19	Windsor 2019 Club Championships	Maidenhead	SE191369	4
100 Individual Medley	1:16.35	1:16.30	405	20/06/19	Windsor 2019 Club Championships	Windsor	SE191367	4