

Individual Best Times (All Time)

Isobel Buist - (1106641) - Loughborough University Swimming

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.17	27.40	588	08/02/20	Hampshire County Championships 2020	Portsmouth	SE200384	1
100 Freestyle	1:00.09	58.70	637	25/07/23	British Summer Championships	Sheffield	BSW025	1
200 Freestyle	2:18.73	2:16.20	538	06/07/19	RRSC End of Season Summer Meet 2019	Aldershot	SE191896	3
50 Backstroke	31.17	30.50	639	22/01/23	Hampshire ASA County Championships 2023	Winchester	SE230249	1
100 Backstroke	1:05.35	1:04.10	675	06/08/23	Swim England National Summer Meet 2023	Sheffield	ENG028	1
200 Backstroke	2:19.99	2:17.60	680	05/05/24	SE East Midlands Regional LC Championships 2024	Derby	EM240623	1
200 Individual Medley	2:39.44	2:36.90	494	06/07/19	RRSC End of Season Summer Meet 2019	Aldershot	SE191896	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.33	28.10	590	09/02/19	Hampshire County ASA Championships 2019	Portsmouth	SE190344	2
100 Freestyle	58.59	1:00.00	630	24/06/23	Rushmoor Royals Summer L3 Short Course Open Meet	Aldershot	SE231191	3
200 Freestyle	2:12.34	2:14.90	579	17/11/19	Swim Bourenmouth L2 Winter Short Course	Littledown Centre	SW192634	2
400 Freestyle	5:37.76	5:41.90	321	16/06/16	Windsor Club Championships	Windsor	SE161462	4
800 Freestyle	12:14.46	12:22.30	274	12/11/15	Windsor Club Championships	Windsor	SE152298	4
50 Breaststroke	35.76	36.60	499	20/06/21	Rushmoor Royals SC Club Championships 2021	Ascot	SE210074	4
100 Breaststroke	1:20.65	1:22.20	462	09/10/21	National Arena Swimming League South Round One	Crawley	SE210726	3
200 Breaststroke	3:32.00	3:34.50	255	19/06/16	Windsor Club Championships	Windsor	SE161462	4
50 Butterfly	30.25	30.90	523	18/06/22	Rushmoor Royals Club Championships 2022	Aldershot	SE221178	4
100 Butterfly	1:41.05	1:41.80	153	09/06/16	Windsor Club Championships	Windsor	SE161461	4
50 Backstroke	29.35	30.00	636	14/12/23	Swim England Winter Championships 2023	Sheffield	ENG029	2
100 Backstroke	1:02.09	1:03.40	690	17/12/23	Swim England Winter Championships 2023	Sheffield	ENG029	2
200 Backstroke	2:14.61	2:17.10	689	15/12/23	Swim England Winter Championships 2023	Sheffield	ENG029	2
200 Individual Medley	2:27.92	2:30.60	559	13/11/21	National Arena Swimming League South - Round Two	Wycombe	SE211354	3
100 Individual Medley	1:12.41	1:12.40	475	21/06/18	Windsor Club Championships 2018	Windsor LC	SE181813	4