

Individual Best Times (All Time)

Hannah Bowie - (1106163) - Kent Weald Swim Squad

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.14	29.40	480	15/06/19	Crawley Summer Splash Long Course Meet	Crawley	SE190068	3
100 Freestyle	1:06.87	1:05.60	462	02/02/19	Kent Swimming Championships 2019	Crystal Palace	SE190349	1
200 Freestyle	2:22.20	2:19.70	499	02/02/19	Kent Swimming Championships 2019	Crystal Palace	SE190349	1
400 Freestyle	5:06.69	5:02.10	452	26/01/19	Kent Swimming Championships 2019	Crystal Palace	SE190348	1
800 Freestyle	10:19.44	10:10.00	479	20/01/19	Kent Swimming Championships 2019	London	SE190347	1
50 Breaststroke	45.39	44.70	265	27/03/16	Basildon & Phoenix Easter LC Meet 2016	Basildon	ER160006	1
50 Butterfly	32.43	31.80	427	20/01/19	Kent Swimming Championships 2019	London	SE190347	1
100 Butterfly	1:11.62	1:10.60	464	10/02/19	Kent Swimming Championships 2019	Crystal Palace	SE190350	1
200 Butterfly	2:48.59	2:46.70	377	10/02/19	Kent Swimming Championships 2019	Crystal Palace	SE190350	1
50 Backstroke	33.55	32.90	513	23/03/19	Wycombe Swimming's 4th LC Premier Meet	Wycombe	SE190056	1
100 Backstroke	1:13.04	1:11.90	483	24/03/19	Wycombe Swimming's 4th LC Premier Meet	Wycombe	SE190056	1
200 Backstroke	2:37.43	2:35.30	478	27/01/18	Kent Swimming Championships 2018	Crystal Palace	SE180333	1
200 Individual Medley	2:46.05	2:43.70	438	27/01/19	Kent Swimming Championships 2019	Crystal Palace	SE190348	1
400 Individual Medley	5:47.77	5:42.70	446	26/01/19	Kent Swimming Championships 2019	Crystal Palace	SE190348	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.51	30.20	469	16/06/19	Dartford Dash 2019	Medway Park	SE191969	3
100 Freestyle	1:04.07	1:05.40	482	25/11/18	Black Lion Level 3 Winter Open Meet	Medway Park LC	SE180478	3
200 Freestyle	2:17.37	2:19.90	517	24/11/18	Black Lion Level 3 Winter Open Meet	Medway Park LC	SE180478	3
400 Freestyle	4:51.60	4:56.40	499	16/02/19	Medway ASA Championships 2019	Gillingham	SE190495	3
800 Freestyle	10:05.67	10:15.10	489	27/11/18	Maidstone Swimming Club Championships 2018	Maidstone	SE181810	4
50 Breaststroke	39.31	40.10	375	16/06/19	Dartford Dash 2019	Medway Park	SE191969	3
100 Breaststroke	1:28.14	1:29.60	354	21/09/19	Maidstone Club Championships 2019	Maidstone	SE192576	4
200 Breaststroke	3:10.85	3:13.60	350	09/10/18	Maidstone Swimming Club Championships 2018	Maidstone	SE181806	4
50 Butterfly	31.56	32.20	460	07/04/18	BLSC Regional Open Meet	Medway Park	SE180711	3
100 Butterfly	1:11.77	1:12.80	427	06/10/18	Medway ASA Championships 2018	Gillingham	SE180428	3
200 Butterfly	2:42.78	2:44.70	396	07/04/18	BLSC Regional Open Meet	Medway Park	SE180711	3
50 Backstroke	32.70	33.30	460	06/07/19	Beachfield 5th Beachfield Summer Open	Gillingham	SE191620	3
100 Backstroke	1:09.90	1:11.00	484	07/04/18	BLSC Regional Open Meet	Medway Park	SE180711	3
200 Backstroke	2:31.56	2:33.70	483	24/11/18	Black Lion Level 3 Winter Open Meet	Medway Park LC	SE180478	3
200 Individual Medley	2:36.84	2:39.30	469	30/09/18	Orpington Ojays' Season Starter 2018 Open meet	MEDWAY PARK	LR180710	3
400 Individual Medley	5:41.82	5:46.90	434	28/11/17	Maidstone Swimming Club Championships 2017	Maidstone	SE171499	4
100 Individual Medley	1:13.81	1:13.80	448	16/06/19	Dartford Dash 2019	Medway Park	SE191969	3