

Individual Best Times (All Time)

Holly Lockton - (1105426) - Nottingham Leander SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.94	28.20	542	07/05/18	Swim England East Midland Championships 2018	Sheffield	EM180960	1
100 Freestyle	1:04.00	1:02.70	527	21/01/18	Nottinghamshire ASA County Championships 2018	Nottingham	EM180321	1
200 Freestyle	2:26.71	2:24.30	455	20/01/19	Nottinghamshire ASA County Championships 2019	Harvey Hadden	EM190203	1
100 Breaststroke	1:38.86	1:37.60	272	20/12/15	Nottinghamshire Festive Frenzy Gala 2015	Nottingham	EM152187	3
50 Butterfly	31.42	30.80	470	21/01/18	Nottinghamshire ASA County Championships 2018	Nottingham	EM180321	1
200 Individual Medley	2:50.48	2:48.10	404	21/01/18	Nottinghamshire ASA County Championships 2018	Nottingham	EM180321	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.49	29.20	521	08/07/18	Tony Holmes Sprint Meet	Hucknall	EM180493	3
100 Freestyle	1:02.27	1:03.60	525	05/05/18	Notts ASA Stage 3 2018	Sutton	EM180579	4
200 Freestyle	2:20.23	2:22.70	486	17/11/18	Nottingham Leander Club Championships	Hucknall	EM181614	4
400 Freestyle	5:09.88	5:14.40	415	23/11/17	Nottingham Leander Club Championships	Harvey Hadden	EM172312	4
50 Breaststroke	40.92	41.70	333	19/11/16	Nottingham Leander Club Championships	Nottingham	EM161872	4
100 Breaststroke	1:29.84	1:31.20	334	17/11/18	Nottingham Leander Club Championships	Hucknall	EM181614	4
200 Breaststroke	3:07.54	3:10.30	369	18/11/17	Nottingham Leander Club Championships	Hucknall	EM172311	4
50 Butterfly	31.73	32.30	453	20/10/18	Notts ASA Stage 2 2018	Bramcote	EM181980	4
100 Butterfly	1:15.45	1:16.50	367	22/09/18	Sports Centre League 2018 - Division 1	Hucknall LC	EM180567	4
50 Backstroke	35.78	36.30	351	17/11/18	Nottingham Leander Club Championships	Hucknall	EM181614	4
100 Backstroke	1:17.43	1:18.50	356	18/11/17	Nottingham Leander Club Championships	Hucknall	EM172311	4
200 Backstroke	2:40.42	2:42.50	407	19/11/16	Nottingham Leander Club Championships	Nottingham	EM161872	4
200 Individual Medley	2:42.08	2:44.50	425	02/12/17	Nottingham Leander Club Championships	Hucknall	EM172313	4
100 Individual Medley	1:15.45	1:15.50	420	09/02/19	Sports Centre League 2019 - Division 1	Lammas LC	EM191331	4