

Individual Best Times (All Time)

Ella Dimond - (1105359) - Havant & Waterlooville SC

Long Course

| Stroke | LC Time | Converted to SC | LC WA Pts | Date | Meet | Venue | Licence | Level |
|------------------|---------|-----------------|-----------|----------|-------------------------------------|----------------|----------|-------|
| 50 Freestyle | 32.24 | 31.60 | 392 | 05/11/17 | Welsh Capital Open Meet 2017 | Cardiff | WL171071 | 1 |
| 100 Freestyle | 1:09.39 | 1:08.20 | 413 | 04/11/17 | Welsh Capital Open Meet 2017 | Cardiff | WL171071 | 1 |
| 200 Freestyle | 2:26.12 | 2:23.70 | 460 | 28/05/17 | PNSC May Madness Meet | Portsmouth | SE170386 | 1 |
| 50 Breaststroke | 42.74 | 42.00 | 317 | 17/12/17 | Portsmouth Northsea Christmas Meet | Portsmouth | SE172168 | 3 |
| 100 Breaststroke | 1:30.43 | 1:29.00 | 356 | 03/02/18 | Hampshire County Championships 2018 | Mountbatten LC | SE180161 | 1 |
| 200 Breaststroke | 3:12.28 | 3:09.50 | 366 | 04/11/17 | Welsh Capital Open Meet 2017 | Cardiff | WL171071 | 1 |

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|----------|-----------------|-----------|----------|---|---------------|----------|-------|
| 50 Freestyle | 31.68 | 32.30 | 379 | 19/03/17 | Forest of Bere Regional Chaser Meet | Waterlooville | SE170654 | 3 |
| 100 Freestyle | 1:08.41 | 1:09.60 | 396 | 08/04/18 | Swim Bournemouth Spring Short Course L2 Meet | Bournemouth | SW180120 | 2 |
| 200 Freestyle | 2:23.91 | 2:26.30 | 450 | 10/03/18 | Forest Of Bere Regional Chaser Meet | Waterlooville | SE180592 | 3 |
| 400 Freestyle | 5:01.68 | 5:06.30 | 450 | 13/10/17 | Havant & Waterlooville Club Champs 2017 | Waterlooville | SE172281 | 4 |
| 800 Freestyle | 10:34.82 | 10:43.90 | 425 | 20/10/17 | Joint Club Championships Distance Meet 2017 | Waterlooville | SE172367 | 4 |
| 50 Breaststroke | 41.77 | 42.50 | 313 | 07/04/18 | Swim Bournemouth Spring Short Course L2 Meet | Bournemouth | SW180120 | 2 |
| 100 Breaststroke | 1:26.50 | 1:27.90 | 374 | 19/03/17 | Forest of Bere Regional Chaser Meet | Waterlooville | SE170654 | 3 |
| 200 Breaststroke | 3:02.71 | 3:05.60 | 399 | 19/11/17 | Guildford City L2 Winter Meet | Guildford | SE171847 | 2 |
| 50 Butterfly | 37.74 | 38.20 | 269 | 22/11/15 | Peter Bull Open Meet | Waterlooville | SE152132 | 3 |
| 100 Butterfly | 1:28.12 | 1:29.00 | 230 | 22/11/15 | Peter Bull Open Meet | Waterlooville | SE152132 | 3 |
| 50 Backstroke | 38.43 | 38.90 | 283 | 05/07/15 | Hampshire County Development Competition 2015 | Waterlooville | SE150939 | 3 |
| 100 Backstroke | 1:24.98 | 1:25.90 | 269 | 02/04/16 | Swim Bournemouth Spring L2 Open Meet | Bournemouth | SW160342 | 2 |
| 200 Backstroke | 2:56.63 | 2:58.50 | 305 | 17/01/15 | Havant & Waterlooville Club Championships | Waterlooville | SE150360 | 4 |
| 200 Individual Medley | 2:46.28 | 2:48.60 | 393 | 14/10/17 | Havant & Waterlooville Club Champs 2017 | Waterlooville | SE172281 | 4 |
| 400 Individual Medley | 5:48.28 | 5:53.30 | 410 | 15/10/17 | Havant & Waterlooville Club Champs 2017 | Waterlooville | SE172281 | 4 |
| 100 Individual Medley | 1:20.48 | 1:20.50 | 346 | 12/06/16 | Swim Out of Your Skin Open Meet | Waterlooville | SE160978 | 3 |