

# Individual Best Times (All Time)

James Mcleod - (1104989) - AquaJets Newcastle SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.45	29.80	323	07/02/16	Northumberland & Durham County Champs	Sunderland	NE160071	1
100 Freestyle	1:00.85	59.50	456	25/02/17	Northumberland & Durham SA 2017 Championships	Sunderland	NE170190	1
200 Freestyle	2:22.00	2:19.50	370	13/03/16	Team Jorvik Spring Festival	Leeds	NE160158	3
50 Butterfly	29.61	29.00	425	25/02/17	Northumberland & Durham SA 2017 Championships	Sunderland	NE170190	1
100 Butterfly	1:17.94	1:17.00	255	17/01/16	City of Sunderland New Year Meet	Sunderland	NE160356	1
50 Backstroke	35.25	34.70	298	09/04/16	Richmond Dales Open Meet	Leeds	NE160001	1
100 Backstroke	1:19.08	1:18.10	277	13/03/16	Team Jorvik Spring Festival	Leeds	NE160158	3
200 Backstroke	2:45.70	2:43.70	308	09/04/16	Richmond Dales Open Meet	Leeds	NE160001	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.93	29.60	338	05/06/16	Derwentside 7th Annual Charity Swim Meet 2016	Stanley	NE160129	3
100 Freestyle	1:01.23	1:02.60	392	08/10/16	City of Sunderland Short Course Qualifier	Sunderland	NE162066	2
200 Freestyle	2:09.79	2:12.40	448	25/03/17	North Tyneside Mad March Hare Extravaganza	Stanley	NE170005	3
400 Freestyle	5:05.49	5:10.10	335	10/01/16	Newcastle Swim Team Last Chance County Qualifier	South Shields	NE160228	3
50 Butterfly	30.80	31.40	352	05/11/16	ASA North East Region Senior Junior Champs	Sunderland	NE162070	2
100 Butterfly	1:10.44	1:11.50	312	25/03/17	North Tyneside Mad March Hare Extravaganza	Stanley	NE170005	3
50 Backstroke	34.45	35.00	264	09/10/16	City of Sunderland Short Course Qualifier	Sunderland	NE162066	2
100 Backstroke	1:08.52	1:09.70	350	25/03/17	North Tyneside Mad March Hare Extravaganza	Stanley	NE170005	3
200 Backstroke	2:44.63	2:46.60	264	09/01/16	Newcastle Swim Team Last Chance County Qualifier	South Shields	NE160228	3
200 Individual Medley	2:32.22	2:34.80	373	25/03/17	North Tyneside Mad March Hare Extravaganza	Stanley	NE170005	3