

Individual Best Times (All Time)

Rose McGrane - (1104482) - Andover Swimming & WP Club

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	36.67	37.20	244	27/09/14	Andover SWPC 50m Sprint	Andover	SE14393	4
100 Freestyle	1:22.07	1:23.10	229	30/11/14	Andover Club Championships	Andover	SE4365	4
200 Freestyle	2:56.89	2:58.80	242	26/04/15	Andover 200m Championships	Andover	SE150552	4
400 Freestyle	6:32.87	6:36.40	204	14/07/15	Andover 400m Championships	Andover	SE150553	4
50 Breaststroke	50.14	50.80	181	20/09/15	Andover 50m Sprint	Andover	SE150555	4
100 Breaststroke	1:55.07	1:56.20	159	29/11/14	Andover Club Championships	Andover	SE4365	4
200 Breaststroke	3:46.85	3:49.20	208	25/04/15	Andover 200m Championships	Andover	SE150552	4
50 Butterfly	49.02	49.40	123	20/09/15	Andover 50m Sprint	Andover	SE150555	4
50 Backstroke	47.88	48.30	146	01/12/13	Andover Club Championships	Andover	SE3188	4
100 Backstroke	1:36.16	1:37.00	185	30/11/14	Andover Club Championships	Andover	SE4365	4
200 Backstroke	3:56.57	3:58.00	127	28/04/13	Andover Club Championships	Andover	SE3188	4
100 Individual Medley	1:40.37	1:40.40	178	01/12/14	Andover Club Championships	Andover	SE4365	4