

Individual Best Times (All Time)

Isabel Jones - (1104314) - Leighton Buzzard SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.55	29.90	461	28/07/19	NUEL Non National Qualifiers Meet 2019	London Aquatic	LR191609	3
100 Freestyle	1:06.42	1:05.10	471	30/06/19	Romford Town End of Season Meet 2019	Basildon	LR190329	3
200 Freestyle	2:24.38	2:22.00	477	02/02/19	Bedfordshire ASA 2019 Age Group and County Champs	Luton	ER190246	1
400 Freestyle	5:01.17	4:56.50	477	27/01/19	Bedfordshire ASA 2019 Age Group and County Champs	Luton	ER190245	1
800 Freestyle	10:54.52	10:45.60	406	27/01/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	ER170118	1
100 Breaststroke	1:45.80	1:44.60	222	14/02/16	Bedfordshire Age Group & County Champs	Luton	ER160102	1
200 Breaststroke	3:55.12	3:52.90	200	21/03/15	Bedfordshire ASA County Championships	Luton	CC150190	1
50 Butterfly	33.91	33.30	373	12/05/18	BPSC Spring Long Course Event 2018	Basildon	ER180360	1
100 Butterfly	1:16.09	1:15.10	387	26/01/19	Bedfordshire ASA 2019 Age Group and County Champs	Luton	ER190245	1
200 Butterfly	2:49.62	2:47.70	370	04/05/19	Swim England East Region Long Course Champs	Inspire Luton	ER190178	1
50 Backstroke	36.60	36.00	395	29/06/19	Romford Town End of Season Meet 2019	Basildon	LR190329	3
100 Backstroke	1:40.37	1:39.60	186	21/03/15	Bedfordshire ASA County Championships	Luton	CC150190	1
200 Backstroke	3:11.65	3:09.90	265	31/01/16	Bedfordshire Age Group & County Champs	Luton	ER160101	1
200 Individual Medley	2:48.09	2:45.70	422	20/04/19	CoNSC EASTER MEET 2019	Norwich	ER190358	1
400 Individual Medley	5:54.88	5:49.90	420	02/02/19	Bedfordshire ASA 2019 Age Group and County Champs	Luton	ER190246	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.98	30.70	447	21/07/19	Putteridge 2nd Alternative Nationals 2019	Inspire	ER191298	2
100 Freestyle	1:05.03	1:06.30	461	05/11/19	LBSC CLUB CHAMPIONSHIPS 2019	TIDDENFOOT	ER193069	4
200 Freestyle	2:19.10	2:21.60	498	21/07/19	Putteridge 2nd Alternative Nationals 2019	Inspire	ER191298	2
400 Freestyle	4:49.40	4:54.20	510	16/12/18	2nd Christmas Cracker Meet	Biggleswade	ER181603	3
800 Freestyle	10:00.87	10:10.40	501	21/12/18	Leighton Buzzard Long Distance Time Trials 2018	Leighton Buzzard	ER182674	4
1500 Freestyle	19:51.87	20:09.10	442	07/09/19	Biggleswade 2019 Club Championships	Saxon Pool	ER191862	4
50 Breaststroke	41.28	42.00	324	20/11/21	Leighton Buzzard SC Centenary Championships	Tiddenfoot	ER210808	4
100 Breaststroke	1:31.16	1:32.50	320	01/03/20	CBSS Level2 Open Meet	Biggleswade	ER200269	2
200 Breaststroke	3:10.43	3:13.20	352	09/11/18	Leighton Buzzard Club Championships 2018	Leighton Buzzard	ER182526	4
50 Butterfly	33.18	33.70	396	15/11/19	LBSC CLUB CHAMPIONSHIPS 2019	TIDDENFOOT	ER193072	4
100 Butterfly	1:13.57	1:14.60	396	10/11/18	Leighton Buzzard Club Championships 2018	Leighton Buzzard	ER182526	4
200 Butterfly	2:42.30	2:44.20	400	13/11/18	Leighton Buzzard Club Championships 2018	Leighton Buzzard	ER182528	4
50 Backstroke	36.16	36.70	340	29/09/19	Cambridge Grand Prix Regional & National Qualifier	Cambridge	ER190459	2
100 Backstroke	1:17.65	1:18.70	353	14/05/17	Leighton Buzzard May Open Meet	Milton Keynes	ER170442	3
200 Backstroke	2:45.93	2:47.90	368	10/11/18	Leighton Buzzard Club Championships 2018	Leighton Buzzard	ER182526	4
200 Individual Medley	2:40.47	2:42.90	437	08/11/18	Leighton Buzzard Club Championships 2018	Leighton Buzzard	ER182525	4
400 Individual Medley	5:36.42	5:41.60	455	25/09/19	LBSC CLUB CHAMPIONSHIPS 2019	TIDDENFOOT	ER193070	4
100 Individual Medley	1:15.21	1:15.20	424	05/11/19	LBSC CLUB CHAMPIONSHIPS 2019	TIDDENFOOT	ER193069	4