

Individual Best Times (All Time)

Minnie Molyneux - (1103681) - West Suffolk Swimming Club

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.68	33.30	345	02/10/16	West Suffolk The Neate Meet	Bury St Edmunds	ER160491	3
100 Freestyle	1:12.18	1:13.30	337	18/06/16	Suffolk County ASA County Development Championship	Newmarket	ER161052	3
200 Freestyle	2:33.74	2:36.00	369	18/06/16	Suffolk County ASA County Development Championship	Newmarket	ER161052	3
400 Freestyle	5:40.51	5:44.60	313	30/11/15	West Suffolk Club Championships 2015	Bury St Edmunds	ER152167	4
50 Breaststroke	42.42	43.20	299	02/10/16	West Suffolk The Neate Meet	Bury St Edmunds	ER160491	3
100 Breaststroke	1:37.84	1:39.10	258	21/11/15	Deben SC Open Meet 2015	Woodbridge	ER152016	3
200 Breaststroke	3:31.30	3:33.80	258	04/10/15	West Suffolk SC The Neate Meet	Bury St Edmunds	ER150794	3
50 Butterfly	36.50	37.00	298	08/04/16	Cambridge April Open 2016	Cambridge	ER160167	3
100 Butterfly	1:23.09	1:24.00	275	10/04/16	Cambridge April Open 2016	Cambridge	ER160167	3
50 Backstroke	37.97	38.50	294	08/04/16	Cambridge April Open 2016	Cambridge	ER160167	3
100 Backstroke	1:32.61	1:33.50	208	29/11/14	Deben Open Meet	Deben	ER4935	3
200 Backstroke	2:50.34	2:52.30	340	02/10/16	West Suffolk The Neate Meet	Bury St Edmunds	ER160491	3
200 Individual Medley	2:53.75	2:56.00	344	21/02/16	Suffolk County Championships 2016	Ipswich	ER160408	2
100 Individual Medley	1:21.89	1:21.90	328	14/02/16	Suffolk County Championships 2016	Ipswich	ER160407	2