

Individual Best Times (All Time)

Mazem Youssef - (1103247) - Plymouth Leander SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:01.89	1:00.50	434	07/06/14	ASA South West Region AG Championships	Millfield	SWR404	1
200 Freestyle	2:11.89	2:09.20	462	18/01/14	Exeter January Meet	Cardiff	WAL542	1
400 Freestyle	4:44.18	4:39.20	464	19/01/14	Exeter January Meet	Cardiff	WAL542	1
1500 Freestyle	19:03.06	18:44.90	442	19/01/13	ASA South West Region Open Meet	Plymouth	SW3203	1
50 Breaststroke	35.95	35.10	376	18/01/14	Exeter January Meet	Cardiff	WAL542	1
100 Breaststroke	1:16.98	1:15.30	403	19/01/14	Exeter January Meet	Cardiff	WAL542	1
200 Breaststroke	2:48.00	2:44.80	416	08/06/13	ASA South West Region Age Groups 2013	Millfield	SWR323	1
100 Backstroke	1:14.35	1:13.30	334	01/06/13	ASA South West Region Age Groups 2013	Millfield	SWR322	1
200 Individual Medley	2:28.99	2:26.30	447	19/01/14	Exeter January Meet	Cardiff	WAL542	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.57	28.30	390	20/02/14	Devon County Championships	Plymouth	CC4030	2
100 Freestyle	58.78	1:00.20	443	15/02/14	Devon County ASA 2014 Age Group Champs	Plymouth	CC4028	2
200 Freestyle	2:09.01	2:11.70	456	02/03/14	Devon County ASA 2014 Age Group Champs	Plymouth	CC4029	2
400 Freestyle	4:34.78	4:39.80	460	02/03/13	Devon County Championships	Plymouth	CC3015	2
1500 Freestyle	18:37.98	18:56.30	434	07/10/13	City of Plymouth Annual Swim Meet	Plymouth	SW3733	3
50 Breaststroke	33.94	34.90	397	01/03/14	Devon County ASA 2014 Age Group Champs	Plymouth	CC4029	2
100 Breaststroke	1:12.79	1:14.50	438	08/12/13	ASA SWR Short Course Championships	Millfield	SWR325	2
200 Breaststroke	2:37.37	2:40.70	445	07/12/13	ASA SWR Short Course Championships	Millfield	SWR325	2
100 Butterfly	1:10.68	1:11.70	308	01/03/14	Devon County ASA 2014 Age Group Champs	Plymouth	CC4029	2
100 Backstroke	1:10.74	1:11.90	318	05/10/13	City of Plymouth Annual Swim Meet	Plymouth	SW3733	3
200 Individual Medley	2:25.91	2:28.60	424	16/02/14	Devon County ASA 2014 Age Group Champs	Plymouth	CC4028	2
400 Individual Medley	5:12.78	5:18.30	423	20/02/14	Devon County Championships	Plymouth	CC4030	2
100 Individual Medley	1:08.58	1:08.60	371	19/02/14	Devon County Championships	Plymouth	CC4030	2