

# Individual Best Times (All Time)

Erin Power - (1102572) - Ashington SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	41.96	41.50	178	04/07/15	City of Sunderland Summer Splash 2015	Sunderland	NE151248	3
50 Breaststroke	55.42	54.80	145	04/07/15	City of Sunderland Summer Splash 2015	Sunderland	NE151248	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.83	35.40	285	15/07/17	Gateshead & Whickham Summer Meet 2017	Dunston	NE171515	3
100 Freestyle	1:20.43	1:21.50	243	22/04/17	South Tyneside Spring Meet	South Shields	NE170818	3
200 Freestyle	2:53.91	2:55.90	255	15/07/17	Gateshead & Whickham Summer Meet 2017	Dunston	NE171515	3
50 Breaststroke	46.15	46.80	232	22/04/17	South Tyneside Spring Meet	South Shields	NE170818	3
100 Breaststroke	1:42.56	1:43.80	224	11/03/17	Tynemouth Spring Gala	Tynemouth	NE170400	3
200 Breaststroke	3:44.76	3:47.10	214	22/04/17	South Tyneside Spring Meet	South Shields	NE170818	3
50 Butterfly	42.54	43.00	188	22/04/17	South Tyneside Spring Meet	South Shields	NE170818	3
50 Backstroke	42.29	42.80	212	11/03/17	Tynemouth Spring Gala	Tynemouth	NE170400	3
100 Backstroke	1:30.33	1:31.20	224	15/07/17	Gateshead & Whickham Summer Meet 2017	Dunston	NE171515	3
200 Individual Medley	3:14.98	3:17.00	244	11/03/17	Tynemouth Spring Gala	Tynemouth	NE170400	3
100 Individual Medley	1:40.42	1:40.40	178	14/05/16	Tynemouth Open Sprints & Teams 2016	Tynemouth	NE160602	4