

Individual Best Times (All Time)

Phebe Haynes Shariff - (1101889) - Wycombe District SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.73	32.10	375	18/04/15	Crawley Spring LC Open Meet 2015	Crawley	SE150218	1
100 Freestyle	1:13.54	1:12.40	347	07/02/15	Wycombe February Sprint 2015	High Wycombe	SE150282	3
200 Freestyle	2:47.73	2:45.60	304	20/07/14	Wycombe District SC End of Season Meet	Wycombe	SE4742	3
400 Freestyle	5:33.15	5:28.90	352	08/02/15	Wycombe February Long Distance Meet	Wycombe	SE150252	3
800 Freestyle	11:25.30	11:16.80	354	08/02/15	Wycombe February Long Distance Meet	Wycombe	SE150252	3
50 Breaststroke	45.49	44.80	263	20/07/14	Wycombe District SC End of Season Meet	Wycombe	SE4742	3
100 Breaststroke	1:37.41	1:36.10	285	19/07/14	Wycombe District SC End of Season Meet	Wycombe	SE4742	3
200 Breaststroke	3:25.36	3:22.80	300	19/07/14	Wycombe District SC End of Season Meet	Wycombe	SE4742	3
50 Butterfly	37.22	36.70	282	07/02/15	Wycombe February Sprint 2015	High Wycombe	SE150282	3
100 Butterfly	1:25.00	1:24.10	278	18/04/15	Crawley Spring LC Open Meet 2015	Crawley	SE150218	1
200 Butterfly	3:07.93	3:06.20	272	19/04/15	Crawley Spring LC Open Meet 2015	Crawley	SE150218	1
50 Backstroke	41.22	40.70	276	20/09/14	Wycombe District Club Gala	Wycombe	SE14255	4
100 Backstroke	1:34.00	1:33.10	226	21/09/14	Wycombe District Club Gala	Wycombe	SE14255	4
200 Backstroke	3:14.15	3:12.40	255	21/09/14	Wycombe District Club Gala	Wycombe	SE14255	4
200 Individual Medley	3:05.69	3:03.50	313	21/09/14	Wycombe District Club Gala	Wycombe	SE14255	4
400 Individual Medley	6:28.11	6:23.50	321	20/09/14	Wycombe District Club Gala	Wycombe	SE14255	4

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.19	33.80	329	04/10/14	Maxwell Autumn Meet	Aylesbury	SE14110	3
100 Freestyle	1:11.50	1:12.70	347	27/06/15	Maxwell Swim Club June 2015 L3 Meet	Aylesbury	SE151128	3
200 Freestyle	2:36.07	2:38.30	353	18/01/15	Watford County Qualifier Open Meet	Watford	ER150010	3
400 Freestyle	5:43.88	5:47.90	304	04/10/14	Maxwell Autumn Meet	Aylesbury	SE14110	3
50 Breaststroke	44.43	45.10	260	04/10/14	Maxwell Autumn Meet	Aylesbury	SE14110	3
100 Breaststroke	1:32.43	1:33.80	307	17/01/15	Watford County Qualifier Open Meet	Watford	ER150010	3
200 Breaststroke	3:15.10	3:17.80	328	18/01/15	Watford County Qualifier Open Meet	Watford	ER150010	3
50 Butterfly	36.99	37.50	286	17/01/15	Watford County Qualifier Open Meet	Watford	ER150010	3
100 Butterfly	1:24.20	1:25.10	264	18/01/15	Watford County Qualifier Open Meet	Watford	ER150010	3
50 Backstroke	42.70	43.20	206	05/01/14	Abingdon Vale Level 3 Open Meet	Oxford	SE4144	3
200 Backstroke	3:40.80	3:42.30	156	09/12/12	Maxwell Christmas Meet	Aylesbury	SE2850	3
200 Individual Medley	2:53.96	2:56.20	343	17/01/15	Watford County Qualifier Open Meet	Watford	ER150010	3
100 Individual Medley	1:23.93	1:23.90	305	17/01/15	Watford County Qualifier Open Meet	Watford	ER150010	3